

Dance Little Sister

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Daniel Trepât (NL) & Ivonne Verhagen (NL) - March 2018

Musique: Dance Little Sister - Terence Trent D'Arby



(Intro: 64 counts)

[1-8]: STEP RIGHT, DRAG, (BRUSH) BALL STEP, STEP, STEP (POP KNEE OUT), STEP, STEP (POP KNEE OUT), STEP

- 1,2 RF step right side, LF drag to RF
- a&3,4 brush LF forward, LF step in place, RF step forward, LF step forward
- 5,6 RF step forward bend your knee's and pop your knee's out, LF step forward and stretch your self up
- 7,8 RF step forward bend your knee's and pop your knee's out, LF step forward and stretch your self up

[9-16]: ROCKSTEP, 1/4 SHUFFLE RIGHT, CROSS, 1/4 TURN LEFT, 1/2 TURN SAILOR CROSS LEFT

- 1,2 RF rock forward, LF weight back
- 3&4 1/4 turn right & RF step side, LF close to RF, RF step side
- 5,6 LF cross over RF, 1/4 turn left & RF step back
- 7&8 1/2 turn left & LF cross behind RF, RF step side, LF cross over RF

[17-32]: REPEAT COUNT [1 TO 16]

[33-40]: KICK BALL TOUCH (SIT POSITION), TWIST & TWIST, KICK BALL CROSS 2X

- 1&2 RF kick diagonal forward, RF step on RF, LF touch forward (sit position)
- 3&4 LF twist heel out, LF twist heel in, LF twist heel out
- 5&6 LF kick diagonal forward, LF step on LF, RF cross over LF
- 7&8 LF kick diagonal forward, LF step on LF, RF cross over LF

[41-48]: TOUCH & TOUCH, BODYROLL BACK, SAILORSTEP, SAILOR 1/4 TURN RIGHT

- 1&2 LF touch left to the side, LF step close to RF, RF touch right to the side
- 3&4 Start bodyroll backwards, LF close to RF, RF step right to the side and finish bodyroll
- 5&6 LF cross behind RF, RF step a little to the right side, LF step a little to the left side
- 7&8 ¼ turn right & RF cross behind LF, LF step a little to the left side, RF step a little to the right side

[49- 56] : LIFT KNEE UP, STEP, MAMBO STEP, ROGER RABBIT STEPS BACK, COASTER STEP

- 1,2 Lift left knee up, LF step forward
- 3&4 RF rock forward, LF weight back on LF, RF step back
- &5&6 Twist both heels out, LF step back, twist both heels out, RF step back
- 7&8 LF step back, RF close to LF, LF step forward

[57-64]:SIDE MAMBO ¼ TURN LEFT, CAMEL WALKS, PIVOT ½ TURN STEP, CAMEL WALKS

- 1&2 RF rock side, ¼ turn left (weight on LF), RF step forward
- 3,4 LF step forward & drag Right toes same time, RF step forward & drag left toes same time
- 5&6 LF step forward, ½ turn right (weight on RF) LF step forward
- 7,8 RF step forward & drag Left toes same time, LF step forward & drag Right toes same time

No Tags No Restarts!

Have fun.

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