

# Ik Leef Van Rock and Roll

Compte: 48

Mur: 2

Niveau: Newcomer - Non Country

Chorégraphe: Tjwan Oei (NL) - February 2018

Musique: Ik leef van rock and roll – by Wendy Whoop



**#01: Step diag. right forward – Lock – Step forward – Scuff fwd. – Step diag. left forward – Lock – Step forward – Scuff fwd.**

- 1-2 RF. step diagonally right forward – LF. lock behind RF.
- 3-4 RF. step forward – LF. scuff forward
- 5-6 LF. step diagonally left forward – RF. lock behind LF.
- 7-8 LF. step forward – RF. scuff forward

**#02: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left**

- 1-2 RF. rock forward – Recover weight onto LF.
- 3-4 RF. rock back – Recover weight onto LF.
- 5-6 RF. step forward – RF./LF. pivot ½ turn left [ 06 ]
- 7-8 RF. step forward – RF./LF. pivot ¼ turn left [ 03 ]

**#03: Step diag. right forward – Lock – Step forward – Scuff fwd. – Step diag. left forward – Lock – Step forward – Scuff fwd.**

- 1-2 RF. step diagonally right forward – LF. lock behind RF.
- 3-4 RF. step forward – LF. scuff forward
- 5-6 LF. step diagonally left forward – RF. lock behind LF.
- 7-8 LF. step forward – RF. scuff forward

**#04: Jazz box – Jazz box with ¼ turn right**

- 1-2 RF. cross over LF. – LF. step back
- 3-4 RF. step to right side – LF. step together beside RF.
- 5-6 RF. cross over LF. – LF. step back
- 7-8 RF. step ¼ turn to right side – LF. step together beside RF. [ 06 ]

**#05: Vine to right side – Heel touch – Vine to left side – Heel touch**

- 1-2 RF. step to right side – LF. cross behind RF.
- 3-4 RF. step to right side – LF. touch heel to left side
- 5-6 LF. step to left side – RF. cross behind LF.
- 7-8 LF. step to left side – RF. touch heel to right side

**#06: Kick forward ( twice ) – Step back ( R – L ) – Step out ( R – L ) – Step in ( R – L )**

- 1-2 RF. kick forward – RF. kick forward
- 3-4 RF. step back – LF. step back
- 5-6 RF. step out to right side – LF. step out to left side
- 7-8 RF. step in to centre – LF. step in to centre

**TAG : After wall one – Wall two – Wall four and wall five .**

**Jump with both feet out and in ( in eight counts ) on place .**

- 1-2 Jump with both feet out – Jump with both feet in
- 3-4 Jump with both feet out – Jump with both feet in
- 5-6 Jump with both feet out – Jump with both feet in
- 7-8 Jump with both feet out – Jump with both feet in

Contact: H.Oei@kpnplanet.nl

