

Extreme Country Women

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Luca Di Nicola (IT) - January 2018

Musique: A Better Woman - Beccy Cole



S1: MAMBO STEP, COASTER STEP, SAILOR 1/2 TURN CROSS, SIDE & HEEL, RECOVER & CROSS

- 1 step forward on your right
- e recover onto your left
- 2 step right next to left
- 3 step back on left
- e bring right next to left
- 4 step forward left
- 5 step right behind left
- e make ¼ turn right, stepping left forward
- 6 make ¼ turn right, crossing right forward left
- e step left to left side
- 7 present right heel forward
- e step right next to left
- 8 cross left forward right

S2: KICK BALL TOUCH x2, STEP FORWARD, ½ TURN, FULL TURN, STOMP

- 1 kick right forward
- e step right next to left
- 2 touch left toe to left side
- 3 kick left forward
- e step left next to right
- 4 touch right toe to right side
- 5 step right forward
- 6 make ½ turn to left
- 7 full turn to right
- 8 stomp left next to right

S2: MONTEREY ½ TURN WITH HOOK, ROLLING GRAPEWINE

- 1 point right to the right
- 2 ½ turn to the right, recover on right
- 3 point left to the left
- 4 hook left forward right
- 5 turn ¼ to left and step forward on left
- 6 turn ¼ to left and step right to right side
- 7 turn ½ to left and step left to left side
- 8 touch left next to right

S4: ½ TURN TOE STRUTS, ½ TURN TOE STRUTS, JAZZ BOX

- 1 ½ turn to the left touching right toe backward
- 2 drop in place
- 3 ½ turn to the left touching left toe forward
- 4 drop in place
- 5 cross right over left
- 6 right step backward
- 7 step right to the right
- 8 step left forward

TAG: dopo i primi 24 tempi al 3° muro

S1: K STEP

- 1 step right in diagonal forward
- 2 touch left next to right
- 3 step left in diagonal backward
- 4 touch right next to left
- 5 step right in diagonal backward
- 6 touch left next to right
- 7 step left in diagonal forward
- 8 touch right next to left

S2: SHUFFLE FORWARD RIGHT, ½ TURN LEFT AND SHUFFLE FORWARD LEFT, STEP, ¼ LEFT TURN, STEP, ¼ LEFT TURN

- 1 step forward on right foot
- e step left next to right
- 2 step forward on right foot
- 3 ½ left turn, step forward on left foot
- e step right next to left
- 4 step forward on left foot
- 5 step forward right
- 6 on ball of left foot make ¼ turn left
- 7 step forward right
- 8 on ball of left foot make ¼ turn left

RESTARTS:

on wall 6, dance up to count 24

on wall 7, after 20 count, add 2 stomp (R & L) and restarts

FINAL: do it at the end of 10th wall after only 6 counts MAMBO STEP, COASTER STEP, SAILOR ½ TURN, STOMP

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