

# Cintul

Compte: 100

Mur: 2

Niveau: Phrased High Beginner

Chorégraphe: Cahaya Mega (INA) - November 2017

Musique: Cinta Tulalit - Bebizy



Sequence : A-A-A(16) – Tag –A-A-A-B-A-Tag-A-A-A  
Intro 32 count

## A. (32 counts)

### AI. TOUCH TOE FORWARD, STEP TOGETHER, TAP TO SIDE, STEP TOGETHER

- 1,2 Touch R toe forward, step R beside L
- 3,4 Touch L toe forward, step L beside R
- 5,6 Touch R toe to right side (bump hip to R), step R beside L
- 7,8 Touch L toe to left side (bump hip to L), step L beside R

### AII. STEP VINE TO SIDE, TURN $\frac{1}{4}$ + $\frac{1}{2}$ + $\frac{1}{4}$ TO SIDE

- 1,2,3,4 Step R to right side, cross L behind R, step R to right side, touch L beside R (bump hip to L)
- 5,6,7,8  $\frac{1}{4}$  turn left step L forward,  $\frac{1}{2}$  turn left step back on R,  $\frac{1}{4}$  turn left step L to left side, touch R beside L

### AIII. HIP SWAY, JAZZ BOX

- 1,2,3,4 Step R to right diagonal and rock hips to R-L-R-L
- 5,6,7,8 Cross R over L, step L to back, step R to right side, step L forward

### AIV. 2x TURNING HIP ROLLS ( $\frac{1}{4}$ + $\frac{1}{4}$ TURN), TOUCH BEHIND

- 1,2 Step R forward,  $\frac{1}{4}$  turn left with hip roll (weight on L)
- 3,4 Step R forward,  $\frac{1}{4}$  turn left with hip roll (weight on L)
- 5,6 Cross touch R toe behind L, step R to right side
- 7,8 Cross touch L toe behind R, step L to left side

## B. (68 counts)

### BI. BIG STEP TO SIDE, ROCK BACK, RECOVER

- 1,2 Big step R to right side, drag L toward R
- 3,4 Cross L behind R, recover on R
- 5,6 Big step L to left side, drag R toward L
- 7,8 Cross R behind L, recover on L

### BII. CROSS WALK FORWARD, HOLD, PIVOT $\frac{1}{2}$ TURN

- 1,2,3,4 Cross forward on R, hold, cross forward on L, hold
- 5,6,7,8 Step R forward,  $\frac{1}{2}$  turn left step on L, step R forward, touch L beside R

### BIII. BIG STEP TO SIDE, ROCK BACK, RECOVER

- 1,2 big step L to left side, drag R toward L
- 3,4 Cross R behind L, recover on L
- 5,6 Big step R to right side, drag L toward R
- 7,8 cross L behind R, recover on R

### BIV. CROSS WALK FORWARD, HOLD, PIVOT $\frac{1}{2}$ TURN

- 1,2,3,4 Cross forward on L, hold, cross forward on R, hold
- 5,6,7,8 Step L forward,  $\frac{1}{2}$  turn right step on R, step L forward, touch R beside L

### BV. STEP FORWARD, $\frac{1}{2}$ TURN HIP ROLL

- 1-4 Step R forward,  $\frac{1}{2}$  turn left with hip roll over 3 counts (weight stays on L)

**BVI. TOE STRUT**

1,2 Touch R toe forward (bump hip to R), drop R heel  
3,4 Touch L toe forward (bump hip to L), drop L heel  
5,6,7,8 Repeat 1-4

**BVII. CROSS SHUFFLE, BACKWARD, STEP TOGETHER**

1&2 Cross R over L, step over L toward R, cross R over L  
3&4 Cross L over R, step R toward L, cross L over R  
5,6,7,8 Step backward on R-L-R, step L together

**BVIII. TOE STRUT**

1,2 Touch R toe forward (bump hip to R), drop R heel  
3,4 Touch L toe forward (bump hip to L), drop L heel  
5,6,7,8 Repeat 1-4

**BIX. CROSS SHUFFLE, BACKWARD, STEP TOGETHER**

1&2 Cross R over L, step L toward R, cross R over L  
3&4 Cross L over R, step R toward L, cross L over R  
5,6,7,8 Step backward on R-L-R, step L together.

**TAG 4 COUNTS**

1,2,3,4 Hip sway to R-L-R-L

**Have Fun and Happy Dancing!**

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