

# Break My Stride

**COPPER** **KNOB**  
STEPSHETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner



**Chorégraphe:** Glenda Silver (AUS) - November 2017

**Musique:** Break My Stride - Jessica Mauboy : (Album: The Secret Daughter Two - iTunes - 3:00)

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**INTRO: 32 beats, before vocals**

**WALK FORWARD R KICK L FORWARD, WALK BACK LEFT TOUCH RIGHT**

1234 - Walk Fwd R L R, kick L Fwd

5678 - Walk back L R L, touch R beside L

**DIAGONAL RIGHT FORWARD, DIAGONAL LEFT BACK TOUCH RIGHT**

1234- Step Fwd R diagonal, step L next to R, step R diagonal, touch L beside R (weight on R)

5678- Step back L diagonal, step R next to L, step back L diagonal, touch R beside L (weight on L)

**FREIZE RIGHT, FRIEZE LEFT, 1/4 TURN LEFT TOUCH RIGHT**

1234- Step R to the side, step L behind R, step R to the side, touch L beside R

5678- Step L to the side, R behind L 1/4 turn L on L, (weight on L), touch R beside L

**DOUBLE HIPS RIGHT & LEFT, SINGLE HIPS RIGHT LEFT RIGHT LEFT**

1234- Step side R, bump hips R twice, bump hips L twice

5678- Step side R, bump hips R L R L

**FINISH: Last wall facing 9.00 O'clock, after hips ¼ turn R to face the front**

**GLENDAS SILVER : Footloose Linedancers Gunnedah**

**EMAIL: [glendaksilver@gmail.com](mailto:glendaksilver@gmail.com)**

**MOBILE: 0427927019**

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