

Boston Lager Stomp

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Pat Esper (USA) - January 2017

Musique: I'm Shipping Up to Boston - Dropkick Murphys : (Album: The Warrior's Code)

Dance map 24-32-32-32... (Start when you hear the banjo)

[1-8]: Heel, Heel, Toe, Toe, Heel, Side, Sailor step

- 1-2 Tap the right heel forward. Tap the right heel forward.
- 3-4 Tap the right toe back. Tap the right toe back.
- 5-6 Touch the right heel forward. Touch the right toes to the side.
- 7&8 Step the right foot behind the left, Step the left foot to the side slightly, Step the right foot in place.

[9-16]: Heel, Heel, Toe, Toe, Heel, Side, Sailor step

- 1-2 Tap the left heel forward. Tap the left heel forward
- 3-4 Tap the left toe back. Tap the left toe back.
- 5-6 Touch the left heel forward. Touch the left toes to the side.
- 7&8 Step the left foot behind the right, Step the right foot to the side slightly, Step the left foot in place.

[17-24]: Triple forward, Step, Half turn, Triple forward, Step, Quarter turn

- 1&2 Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.
- 3-4 Step forward on the left foot, Pivot a half turn to the right.
- 5&6 Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.
- 7-8 Step forward on the right foot, Pivot a quarter turn to the left.

[25-32]: Cross, Side, Half turn to a chasse, Cross, Back, Side, Jump

- 1-2 Step the right foot across the left. Step the left foot to the side.
- 3&4 Turning a half turn to the right, Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
- 5-6 Step the left foot across the right. Step back on the right foot.
- 7-8 Step the left foot to the side, Jump forward landing on both feet with authority.

Start again

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