

You Are

Compte: 48

Mur: 2

Niveau: Easy Intermediate waltz



Chorégraphe: Pauline Greenwood (AUS) - December 2017

Musique: You Are the Reason - Calum Scott : (Album: Only Human - Deluxe - 3:24)

POSITION: Feet Together Weight On Right Foot

Dance Starts On The Word 'Heart Beat' after 48 Count Introduction (16 Secs)

[1 - 6] BACK, TOUCH SIDE, HOLD, CROSS, HITCH CROSS, HOLD.

1 - 2 - 3 Step L back, Touch R toe to R side, Hold,

4 - 5 - 6 Step R across L, Hitch L across R, Hold.

[7 - 12] CROSS, SIDE, ROCK, CROSS, TOUCH, HOLD.

1 - 2 - 3 Step L across R, Step R to R side, Rock weight to L,

4 - 5 - 6 Step R across L. Touch L toe to L side, Hold.

[13 - 18] CROSS, SIDE, ROCK, CROSS, QUARTER TOUCH, HOLD.

1 - 2 - 3 Step L across R, Step R to R side, Rock weight to L,

4 - 5 - 6 Step R across L, Turn 1/4R touching L toe to L side Hold, (3,00)

[19 - 24] WALTZ FORWARD, WALTZ BACK.

1 - 2 - 3 Step L forward, Step R beside L, Replace weight to L.

4 - 5 - 6 Step R back, Step L beside R, Replace weight onto R.

[25 - 30] SWAY, SWAY.

1 - 2 - 3 Step L to L side and sway L hip, Hold for 2 counts

4 - 5 - 6 Step R to R side and sway R hip, Hold for 2 counts

[31 - 36] SIDE, BEHIND, ROCK, SIDE, BEHIND, ROCK.

1 - 2 - 3 Step L to L side. Step R behind L, Rock weight forward to L,

4 - 5 - 6 ** Step R to R side, Step L behind R,* Rock weight on to R**

[37 - 42] BACK, SWEEP, BACK, TOESTRUT QUARTER.

1 - 2 - 3 Step L back, Sweep R around and back, Step R back,

4 - 5 - 6 Step L back, Touch R toe beside L, Turn 1/4R drop R heel. (6.00)

[43 - 48] WALTZ FORWARD, WALTZ BACK.

1 - 2 - 3 Step L forward, Step R beside L, Replace weight on to L,

4 - 5 - 6 Step R back, Step L beside R, Replace weight onto R.

REPEAT

PLEASE NOTE. A quick-flowing waltz.

There is a Restart on Wall 9 Count 36** the music pauses for 12 counts, then Turn 1/4R and restart Wall 10 (6.00)

ENDING * Wall 11 for Count 36 Turn 1/4L stepping R forward (12.00)

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