

Lonely Lady

COPPER KNOB
STEPPSHEETS

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Shirley Blankenship (USA) & K. Sholes (USA) - December 2017

Musique: Lonely Lady - Bouke : (iTunes, Spotify)



Section 1: Walk X2, Shuffle, Rock, Recover, Coaster

1 2 3&4 Walk RL forward, Step R forward, Step L next to R, Step R forward,
5 6 7&8 Rock L forward, Recover R, Step LR back, Step L forward.

Section 2: Diagonal Step, Touch X2, 1/4 turn Step, Touch, Step, Touch

1-4 Step R diagonally forward right, Touch L next to R, Step L diagonally back left, Touch R next to L,
5-8 Step R 1/4 right, Touch L next to R, Step L to side, Touch R next to L.

Section 3: Shuffle, Rock, Recover X2

1&2 3 4 Step RLR to right, Rock L back, Recover R,
5&6 7 8 Step LRL to left, Rock R back, Recover L.

Section 4: Rock, Recover, 1/2 turn Shuffle, Walk X2, Shuffle

1 2 3&4 Rock R forward, Recover L, Step R 1/4 to right, Step L 1/4 to right, Step R next to L,
5 6 7&8 Walk LR forward, Step L forward, Step R next to L, Step L forward.

Begin Again! It's All About Fun!
