

Keep Up

Compte: 32

Mur: 4

Niveau: Low Intermediate

Chorégraphe: Matt Thomson (USA) - December 2017

Musique: 24K Magic - Bruno Mars



Side, Drag, Ball Cross, ¼, ½, Behind Side Cross, Rock

- 1,2 step R to right, drag L beside R,
- &3 step L beside R, cross R over L, make ¼ left onto L (9:00)
- 4,5 make ¼ left onto L, step back onto R making ½ left(3:00)
- 6&7 step L behind R, step R to right, cross L over R
- 8 step R to right side

Recover, Behind ¼ Step, Mambo, Back, Back, Quick Rock Recover

- 1 step L to left
- 2&3 step R behind L, Step L to left side making ¼ left , step forward on R(12:00)
- 4&5 step forward on L, step R beside L, step back on L
- 6,7 step back on R, step back on L
- 8& step back on R, recover forward on L

Bump & Bump, Bump & Bump, ¼ Rock, Recover, Behind ¼ Step

- 1&2 step forward on R bumping hips RLR
- 3&4 step forward on L bumping hips LRL
- 5,6 making ¼ left step R to right side, side recover onto L (9:00)
- 7&8 step R behind L, Step L to left side making ¼ left , step forward on R (6:00)

Rock Recover, Coaster, ¼ , Touch, ⅛, Touch, ¼ , Touch ⅛, Touch

- 1,2 step forward on L, recover back on R
- 3&4 step back on L, step R beside L, step forward on L
- 5&6& step ¼ left on R , touch L beside R, step ⅛ left on L, touch R beside L
- 7&8& step ¼ left on R , touch L beside R, step ⅛ left on L, touch R beside R(9:00)

Begin Again & Enjoy

Contact: monteray.matt@aol.com

Last Update – 24th Dec. 2017