

Rocks

Compte: 32

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Miquel Menéndez (ES) & Kelli Haugen (NOR) - December 2017

Musique: Rocks - Life Of Dillon



Intro: 40 counts

(1-8) HEEL GRIND x2, STEP, ½ TURN, STEP, ¼ TURN

- 1,2,& R heel forward with toes turned in, turn toes out, step RF next to LF
- 3,4,& L heel forward with toes turned in, turn toes out, step LF next to RF
- 5,6 Step RF forward, ½ turn left on LF (6:00)
- 7,8 Step RF forward, ¼ turn left on LF (3:00)

(9-16) CROSS, SIDE & TOUCH, CROSS, SIDE, CROSS BACK, 1/8 TURN, 1/2 TURN

- 1,2,& Cross RF over LF, step left on LF, step RF next to LF
- 3,4 Touch left toe to left, cross LF over RF
- 5,6 Step right on RF, cross LF behind RF
- 7,8 1/8 turn right stepping forward on RF (4:30), ½ turn right step back on LF (10:30)

(17-24) ¼ TURN HIP BUMP, HIP BUMP, CROSS, HOLD & CROSS, ¼ TURN STEP FORWARD

- 1,2 ¼ turn right on right toe bump hip right, right heel down (1:30)
- 3,4 Step left on left toe bump hip left, left heel down
- 5,6 Cross RF over LF, hold
- &,7,8 Step left on LF, cross RF over left, ¼ turn left step forward on LF (10:30)

(25-32) STEP, ½ TURN, 1/8 TURN SLIDE, TOUCH, ROLLING VINE

- 1,2 Step forward RF, ½ turn left on LF (4:30)
- 3,4 1/8 turn left slide right on RF (3:00), touch left toe next to RF
- 5,6 ¼ turn left on LF, ½ turn left step back on RF
- 7,8 ¼ turn left step left on LF, touch right toe next to LF

TAG (Done after walls 4 and 8, both times facing 12.00)

(1-8) HEEL SWITCHES X2, SLIDE, TOUCH, HEEL SWITCHES X2, SLIDE, TOUCH

- 1& Touch right heel forward, step RF next to LF
- 2& Touch left heel forward, step LF next to RF
- 3,4 Slide right on RF, touch left toe next to RF
- 5& Touch left heel forward, step LF next to RF
- 6& Touch right heel forward, step RF next to LF
- 7,8 Slide left on LF, touch right toe next to LF

Start again - Enjoy

Last Update – 8th Dec. 2017