

The Only Hell

Compte: 60

Mur: 4

Niveau: Easy Intermediate



Chorégraphe: Dirk Leibing (DE) & Silvia Schill (DE) - November 2017

Musique: I'm the Only Hell (My Mama Ever Raised) - Johnny Paycheck

Intro: 16 counts

S1: Cross Rock, Recover, Chassee, Cross, ¼ Turn, Chasse

- 1-2 Cross RF in front of LF(1), Recover(2)
- 3&4 Step RF right(3), Close LF next to RF(&), Step RF right(4)
- 5-6 Cross LF in front of RF(5), Turn ¼ left stepping RF back(6)(9:00)
- 7&8 Step LF left(7), Close RF next to LF(&), Step LF left(8)

S2: Syncopated Cross Rock Steps(R+L), Cross, ¼ Turn, Coaster Step

- 1-2& Cross Rock RF in Front of LF(1), Recover on LF(2), Close RF next to LF(&)
- 3-4& Cross Rock LF in Front of RF(3), Recover on RF(4), Close LF next to RF(&)
- 5-6 Cross RF in Front of LF(5), Turn ¼ right stepping LF back(6)(12:00)
- 7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

S3: Walk, Walk, Triple ½ Turn, Back Rock Step, Triple ½ Turn

- 1-2 Step LF forward(1), Step RF forward(2)
- 3&4 Turn ¼ right stepping LF left(3)(3:00), Close RF next to LF(&), Turn ¼ right stepping LF back(4)(6:00)
- 5-6 Rock RF back(5), Recover on LF(6)
- 7&8 Turn ¼ left stepping RF right(7)(3:00), Close LF next to RF(&), Turn ¼ right stepping RF back(8)(12:00)

S4: ¼ Turn Side Rock, Sailor Step, Kick Ball Side(2x)

- 1-2 Turn ¼ left and Rock LF left(1)(9:00), Recover on RF(2)
- 3&4 Step LF behind RF(3), Step RF right(&), Step LF left(4)(7:30) Turn 1/8 left while doing the Sailor Step
- 5&6 Kick RF forward(5), Step on Ball of RF(&), Step LF left(6)
- 7&8 Kick RF forward(7), Step on Ball of RF(&), Step LF left(8)

S5: Side Rock, Sailor Step, Heel Switches, Claps

- 1-2 Rock RF right(1), Recover on LF(2)
- 3&4 Step RF behind LF(3), Step LF left(&), Step RF right(4)(6:00) Turn 1/8 left while doing the Sailor Step
- 5&6& Touch left Heel forward(5), Close LF next to RF(&), Touch Right Heel forward(6), Close RF next to LF(&)
- 7&8 Touch left Heel forward(7), Clap(&), Clap(8)

S6: Rock Step, Triple ½ Turn(2x), Coaster Step

- &1-2 Close LF next to RF(&), Rock RF forward((1), Recover on LF(2)
- 3&4 Turn ¼ right stepping RF right(3)(9:00), Close LF next to RF(&), Turn ¼ right stepping RF forward(4)(12:00)
- 5&6 Turn ¼ right stepping LF left(5)(3:00), Close Rf next to RF(&), Turn ¼ right stepping LF back(6)(6:00)
- 7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

S7: Charleston Steps

- 1-2 Step LF forward(1), Point RF forward(2)
- 3-4 Step RF back(3), Point LF back(4)

5-6 Step LF forward(5), Point RF forward(6)
7-8 Step RF back(7), Point LF back(8)

S8: Jazz Box ¼ Turn, Brush

1-2 Step LF forward(1), Turn ¼ left stepping RF back(2)(3:00)
3-4 Step LF left(3), Brush RF(4)

Have Fun

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