## Saahyaang

Compte: 96
Mur: 1
Niveau: Phrased Beginner
Chorégraphe: Wenarika Josephine (INA) - November 2017
Musique: Sayang - Via Vallen

Start dance on vocal .
Sequence (A-BB-CC-DD-EE) (A-BB-CC-DD-EE) (A-BB-CC-DD-EE) (A-BB)

## Part A (32 counts)

(This part is mainly hands movements, while swaying hips to right and left)
1-4 stretch both arms forward diagonally, palms facing up
5-8 bring boths arms behind both ears
9-12 cross both hands on chest, plams facing chest
13-16 stretch out right hand forward diagonally right, palm facing up
17-20 stretch out left hand forward diagonally left, palm facing up
21-24 bring both arms together above head, then gradually take both arms down along side body
25-26 palms facing front at chest level, move open to both sides (2 counts)
27-28 make fist on both hands straight up at eye level, move elbows down (2 counts)
29-32 make "heart" figure on right chest

## Part B (16 counts)

SIDE TOGETHER SIDE TOUCH, SIDE TOUCHES
1-4 Step RF to side, step LF together, step RF to side , touch LF beside RF
5-8 Step on LF , touch RF, step on RF , touch LF
9-12 Step LF to side , step RF together, step LF to side, touch RF beside LF
13-16 Step on RF , touch LF , step on LF, touch RF
Part C (16 counts)
ROCKING CHAIR, PADDLE TURNS
1-4 Rock RF fwd, recover on LF , rock LF back, recover on LF
5-8 Rock RF to side , recover on LF , turn $1 / 4$ left rock RF to side , recover on LF
9-12 Rock RF fwd, recover on LF , rock LF back, recover on LF
13-16 Rock RF to side , recover on LF , turn $1 / 4$ left rock $R F$ to side , recover on LF

## Part D (16 counts)

## RF \& LF DIAGONAL STEP TOGETHER STEP TOUCH , BACK STEP AND HITCH

1-4 Step RF diagonally fwd , step LF together, step RF diagonally fwd, touch LF together
5-8 Step LF diagonally fwd, step RF together, step LF diagonally fwd, touch $R F$ together
9-12 (squaring front) step back on RF, hitch LF, step back LF , hitch RF
13-16 Step back on RF , hitch LF , step back on LF , hitch RF

## Part E (16 counts)

V-STEPS 2X , FORWARD , PIVOT ½ LEFT, FORWARD , PIVOT ½ LEFT
1-4 Step RF forward and out, step LF to side, step RF to centre, step LF beside RF
5-8 Step RF forward and out, step LF to side, step RF to centre, step LF beside RF
9-12 Step RF forward, hold , turn $1 / 2$ left , hold
13-16 Step RF forward, hold , turn $1 / 2$ left , hold

## ENJOY THE DANCE.

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