

Sophia

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Pattie LeBlanc (CAN) - November 2017

Musique: Sofia - Álvaro Soler



Intro : 16 counts

(1-8) ROCK, RECOVER & LEFT MAMBO, ROCK, RECOVER, & ¼ TURN TRIPLE FWD

1,2& Rock R (1) Recover L (2) Step R beside L (&
3&4 Rock L left (3) Recover R (&) Step L beside R (4)
5,6& Rock R (5) Recover L (6) Step R beside L (&
7&8 Make ¼ turn left Stepping fwd on L, (7) Step R beside L (&) Step L fwd (8)

(9-16) ROCK, RECOVER, BACK LOCK STEP, ½ TURN STEP, STEP, TRIPLE FWD

1,2 Rock fwd on R (1) Recover L (2)
3&4 Step back on R (3) Cross L over R (&) Step back on R (4)
5,6 Make ½ turn left, stepping fwd on L (5) Step fwd on R (6)
7&8 Step fwd on L, (7) Step R beside L (&) Step fwd on L (8)

****Restart here on walls 3 and 7**

(17-24) LEFT ¼ PIVOT, CROSS SHUFFLE, RIGHT ¼ PIVOT, CROSS SHUFFLE

1,2 Step fwd on R (1) Make ¼ turn left (weight on L) (2)
3&4 Cross R over L (3) Step left on L (&) Cross R over L (4)
5,6 Step fwd on L (5) Make ¼ turn right, (weight on R) (6)
7&8 Cross L over R (7) Step right on R (&) Cross L over R (8)

(25-32) LEFT ¼ PIVOT, CROSS SHUFFLE, RIGHT ¼ PIVOT, CROSS SHUFFLE

1,2 Step fwd on R (1) Make ¼ turn left (weight on L) (2)
3&4 Cross R over L (3) Step left on L (&) Cross R over L (4)
5,6 Step fwd on L (5) Make ¼ turn right (weight on R) (6)
7&8 Cross L over R (7) Step right on R (&) Cross L over R (8)

(33-40) LEFT ½ PIVOT, SAMBA, CROSS SHUFFLE, MAMBO CROSS

1,2 Step fwd on R (1) Make ½ turn left, stepping fwd on L (2)
3&4 Cross R over L (3) Step left on L (&) Step right on R (4)
5&6 Cross L over R (5) Step right on R (&) Cross L over R (6)
7&8 Rock R (7) Recover L (&) Cross R over L (8)

(41-48) STEP, TOUCH, RIGHT 1/2 TURN, LEFT CHASSÉ, SAILOR, POINT, SAILOR STEP

1&2 Step left on L (1) Touch R beside L (&) Step 1/2 turn right on R (2)
3&4 Step left on L (3) Step R beside L (&) Step left on L (4)
5&6 Step R behind L (5) Step left on L (&) Point right with R toe (6)
7&8 Step R behind L (7) Step left on L (&) Step right on R (8)

(49-56) SAILOR, POINT, SAILOR STEP, TOE, UNWIND, FWD MAMBO

1&2 Step L behind R (1) Step right on R (&) Point left with L toe (2)
3&4 Step L behind R (3) Step right on R (&) Step left on L (4)
5,6 Touch R toe behind L (5) Make ½ turn right in place (weight on R) (6)
7&8 Rock fwd on L (7) Recover R (&) Step L beside R (8)

(57-64) CROSS, POINT, CROSS BACK, POINT, JAZZ BOX

1,2,3,4 Cross R over L (1) Point left with L toe (2) Cross L behind R (3) Point right with R toe (4)
5,6,7,8 Cross R over L (5) Step back on L (6) Step right on R (7) Cross L over R (8)

***Tag here at the end of walls 1 and 4**

START OVER.

***TAGS : 4 counts - Sway RLRL. End of wall 1, facing 9:00; End of wall 4, facing 12:00**

****RESTARTS : Wall 3, after 16 counts, facing 9:00; Wall 7, after 16 counts, facing 3:00**
