

# Feelings

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Conny Gasberg (DK) - October 2017

Musique: Listen to Your Senses - Alan Jackson



Intro : 4 x 8 counts

## Sektion 1: Toe struts Jazz box

- 1 - 2 Cross right toe over left, drop right heel taking weight
- 3 - 4 Step left toe backwards, drop left heel taking weight
- 5 - 6 Step right toe to right side, drop right heel taking weight
- 7 - 8 Step left toe forward, drop left heel taking weight

## Sektion 2: Lockstep right, hold , right 1/4 cross, hold

- 1 - 2 Step right forward, lock left behind right
- 3 - 4 Step right forward , hold
- 5 - 6 Step left forward, 1/4 turn right
- 7 - 8 Cross left over right, hold

## Sektion 3: Side rock right together hold, side rock left together, hold

- 1 - 2 Rock right to right side, recover on left
- 3 - 4 Step right next to left, hold
- 5 - 6 Rock left to left side, recover on right
- 7 - 8 Step left next to right, hold

## Sektion 4: Shuffle 1/4 turn right, hold, step 1/4 turn left cross, hold

- 1 - 2 Step right 1/4 turn right, step left next to right
- 3 - 4 Step right forward, hold
- 5 - 6 Step left forward, turn 1/4 right
- 7 - 8 Cross left over right, hold

## Sektion 5: Side rock cross, side rock 1/4 turn step

- 1 - 2 Rock right to right side, recover on left
- 3 - 4 Cross right over left, hold
- 5 - 6 Rock left to left side, recover on right turning 1/4 right
- 7 - 8 Step left forward, hold

## Sektion 6: Right forward rock, recover, right back step, left back rock, recover, left step forward

- 1 - 2 Rock forward on right ,recover on left
- 3 - 4 Rock back on right, hold
- 5 - 6 Rock back on left, recover on right
- 7 - 8 Step left forward, hold

## Sektion 7: Right lockstep, left lockstep

- 1 - 2 Step right forward, lock left behind right
- 3 - 4 Step right forward, hold
- 5 - 6 Step left forward, lock right behind left
- 7 - 8 Step left forward, hold

## Sektion 8: Step 1/2 turn left, touch, side rock touch, hold

- 1 - 2 Step forward on right , 1/2 turn left
- 3 - 4 Tugh right to left, hold

5 – 6            Rock right to right side recover on left  
7 – 8            Tuch right to left, hold

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