Bodies On Fire

Compte: 48

Niveau: Phrased Intermediate

Chorégraphe: Kat Painter (USA) - May 2017

Musique: Body on Fire - Maggie Rose

#16 slow ct intro - Phrased: - AAAAB AAAB AAAB Can be danced as a floor split with Champagne Rush by Kat Painter. Part A is Champagne Rush.

PART A - 16 cts

A1: SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER, FORWARD, STEP, ½ PIVOT, STEP, RECOVER

- Step Rt foot to Rt side, Step Lt foot back, Step Rt foot forward 1,2&
- 3,4& Step Lt foot to Lt Side, Step Rt foot back, Step Lt foot forward
- 5,6& Step Rt foot forward, Step Lt foot forward, Turn 1/2 Rt Stepping Rt foot forward (6:00)
- Step Lt foot forward, Step Rt foot back 7.8
- (styling: sway body forward and back on 7,8)

A2: LOCKING SHUFFLE, STEP, ¼ PIVOT, ¼ CROSS, % CURVING RUN, BRUSH, ¼ KNEE HITCH

- Step Lt foot forward, Slide Rt foot to outside of Lt, Step Lt foot forward 1&2
- Step Rt foot forward, Turn ¼ Lt Stepping Lt foot side Lt (3:00), Step Rt foot diagonally across 3&4 Lt (1:30)
- 5&6,7& Running in a 3% circle Lt: Step Lt foot forward (12:00), Step Rt foot forward (10:30), Step Lt foot forward (9:00),

Step Rt foot forward (7:30), Step Lt foot forward (6:00)

Brush Rt foot forward, Turn ¼ Lt Hitching Rt knee (3:00) 8&

(styling: On 8& use the brush and hitch as a bicycling backward motion and lean body to Lt as knee hitches, then shoot Rt foot to Rt side)

PART B – 32 cts (Danced only during Chorus)

B1: TOE, HEEL, ROCK, STEP, TOE, HEEL, ROCK, STEP, OUT, OUT, FLICK, SIDE, TOUCH, TAP

- Touch Rt toe to Rt side, Drop Rt heel to ground, Step Lt foot back, Step Rt foot forward 1&2&
- Touch Lt toe to Lt side, Drop Lt heel to ground, Step Rt foot back, Step Lt foot forward 3&4&
- 5&6 Step Rt foot diagonally forward to Rt, Step Lt foot diagonally forward to Lt, Brush Rt foot behind Lt
- 7,8& Step Rt foot to Rt side, Touch Lt toe next to Rt foot, Touch Lt toe next to Rt foot a second time

B2: STEP, STEP, ¼ PIVOT, CROSS, ¼ BACK, ½ TOGETHER, STEP, BACK, SWAY, SWAY, STEP

- Step Lt foot forward, Step Rt foot forward, Turn 1/2 Lt Stepping Lt foot forward (6:00) 1.2&
- 3,4& Step Rt foot forward, Turn ½ Rt Stepping Lt foot back (12:00), Turn ½ Rt Stepping Rt foot next to Lt (6:00)
- 5,6,7&8 Step Lt foot forward, Step Rt foot back, Shift weight forward, Shift weight back, Step Lt foot forward

B3: STEP, ¼ PIVOT, CROSS, SIDE, BEHIND, ¼ STEP, STEP, BACK, SWAY, STEP

- 1&2 Step Rt foot forward, Turn ¼ Lt Stepping Lt foot to Lt side (3:00), Step Rt foot over Lt
- 3&4 Step Lt foot to Lt side. Step Rt foot behind Lt, Turn ¼ Lt Stepping Lt foot forward (12:00)
- 5.6.7&8 Step Rt foot forward, Step Lt foot back, shift weight forward, Shift weight back, Step Rt foot forward

B4: CROSS ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, ROCK & 3/4 SPIRAL, STEP, STEP, BRUSH, 1/4 HITCH

- 1&2& Step Lt foot forward, Step Rt foot in place, Step Lt foot side Lt, Step Rt foot in place
- Step Lt foot behind Rt, Step Rt foot side Rt, Cross Lt foot over Rt 3&4





Mur: 4

5&6 Step Rt foot to Rt side, Step Lt in place, Turn ³/₄ Rt keeping Rt toe on ground ending Rt crossed over Lt (9:00)

7&8& Step Rt foot forward, Step Lt foot forward, Brush Rt foot forward, Turn ¼ Lt Hitching Rt knee (6:00)

(styling: On 8& use the brush and hitch as a bicycling backward motion and lean body to Lt as knee hitches, then shoot Rt foot to Rt side for count 1)

Start Again