

Sand and Cake

Compte: 32

Mur: 2

Niveau: Beginner



Chorégraphe: Narelle Phillips (AUS) - October 2017

Musique: Cake by the Ocean - DNCE : (Album: Cake By the Ocean - Single - iTunes - 3:38)

Intro: Start after 16 counts.

S1: Forward Rock, ½ Right Shuffle Forward, Forward Rock, ½ Left Shuffle Forward.

1-2, 3&4 R Fwd Rock Recover on L, ½ Turn Right, Shuffle Forward R-L-R.

5-6, 7&8 L Fwd Rock Recover on R, ½ Turn Left, Shuffle Forward L-R-L.

S2: Side Together, Side shuffle, Cross Rock, Side Touch.

1-2, 3&4 Right Side Step, Left Step Together, Right Side Shuffle R-L-R.

5 - 8 L Cross Rock Forward Recover on R, L Side Step, R Touch.

S3: Walks Back, Coaster Step, Walk Forward or Full Turn, Shuffle Forward.

1-2, 3&4 Walks Back R-L, R Coaster Step R-L-R.

5-6, 7&8 Walks Forward L-R (Or Optional Full Turn Right L-R), Shuffle Forward L-R-L.

S4: ¼ Left Side, Touches.

1 - 4 ¼ Left Right Side Step, L Touch Together, Left Side Step, R Touch Together.

5 - 8 ¼ Left Right Side Step, L Touch Together, Left Side Step, R Touch Together.

Start again

Restart Wall 5. Dance first 8 Counts and restart 12.00.

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