

Love Strut

Compte: 32

Mur: 4

Niveau: Easy Beginner

Chorégraphe: Jenifer Wolf (CAN) - September 2017

Musique: High Powered Love - Emmylou Harris



**** For a true beginner level, leave out the Restarts**

Alternative music:-

1973 - James Blunt – No Tags Or Restarts – intro: 32 counts start with vocals

Intro: 16 counts – CW rotation

(A) FOUR HEEL STRUTS FORWARD

- 1-2 Touch right heel forward, Bring right toe down
- 3-4 Touch left heel forward, Bring left toe down
- 5-6 Touch right heel forward, Bring right toe down
- 7-8 Touch left heel forward, Bring left toe down

(B) 2 STEP TOUCH'S BACK, TURN ¼ RIGHT, TOUCH, STEP, TOUCH

- 1-2 Step right foot back on a right diagonal, Touch left toe beside right foot & clap
- 3-4 Step left foot back on a left diagonal, Touch right toe beside left foot & clap
- 5-6 Turn ¼ right onto right foot, Touch left toe beside right foot & clap
- 7-8 Step left to left side, Touch right toe beside left foot & clap

(C) HEEL, STEP, HEEL, STEP, TOUCH SIDE, STEP, TOUCH SIDE, STEP

- 1-2 Touch right heel forward, Step right foot beside left foot
- 3-4 Touch left heel forward, Step left foot beside right foot
- 5-6 Touch right foot to right side, Step right foot beside left foot
- 7-8 Touch left foot to left side, Step left foot beside right foot

(D) STEP, TOGETHER, CROSS, HOLD, x2, (SCISSORS)

- 1-2 Step right foot to right side, Step left foot beside right foot
- 3-4 Cross right foot over in front of left foot, Hold
- 5-6 Step foot to left side, Step right foot beside left foot
- 7-8 Cross left foot over in front of right foot, Hold

Begin again

For the song, by EmmyLou Harris, have left out the 3 restarts, dance through them, to keep this a true beginner level, they do not notice it in the music and it all works out in the end, it is easy, upbeat & fun, hope you enjoy it.

This Step Description may be copied without any alteration, except with the permission of the choreographer. All Rights Reserved.

E-mail: dancewithwolfs@telus.net - web site: www.dancewithwolfs.com