

Life After Life

Compte: 48

Mur: 4

Niveau: Phrased Improver



Chorégraphe: Queen (CN) & Ping Chen (CN) - September 2017

Musique: Faded (凉凉) (Remix Mashup) - Aska Yang (杨宗纬) & Zhang Bichen (张碧晨) & Alan Walker

Intro: 16 counts

Sequence: AA Tag BBBB AABBBB ENDING

A – 32 counts

Sec A1: [1-8] CROSS ROCK, SLIDE, DRAG, CROSS ROCK, SLIDE, DRAG

- 12 Rock R in front of L, Recover to L
- 34 Take a big step R to R side, Drag L toward to R
- 56 Rock L in front of R, Recover to R
- 78 Take a big step L to L side, Drag R toward to L

Sec A2: [9-16] BACK ROCK, FULL TURN, FORWARD ROCK, 1/4 TURN SLIDE (3:00)

- 12 Rock R back, Recover to L
- 34 Turn 1/2 L step R back, Turn 1/2 L step L forward (12:00)
- 56 Rock R forward, Recover to back
- 78 Turning 1/4 R take a big step R to R side, Drag L toward to R(3:00)

Sec A3: [17-24] CROSS, POINT, 1/4 TURN CROSS, POINT, JAZZ BOX (6:00)

- 12 Cross L in front R, Point R toe to R side
- 34 Turn 1/4 R cross in front of L, Point L to L side (6:00)
- 5678 Cross L in front of R, Step R back, Step L to L side, Cross R in front of L

Sec A4: [25-32] SIDE MAMBO, 3/4 TURN L, FORWARD SHUFFLE (9:00)

- 123 Rock L to L side, Recover to R, Cross L in front of R
- 56 Turn 1/4 L Step R back, Turn 1/2 L step R forward (9:00)
- 7&8 Step L forward, Step R next to L, Step L forward

B – 16 counts

Sec B1: [1-8] WALK FULL TURN, 1/4 TURN CROSS, POINT, CROSS, POINT (12:00)

- 1234 Walk 4 step for full turn R,L,R,L
- 5678 Turn 1/4 R cross in front of L, Point L to L side, Cross L in front R, Point R toe to R side(12:00)

Sec B2: [9-16] WALK FORWARD, FORWARD ROCK, WALK BACK, BACK ROCK

- 1234 Walk forward R, L, Rock R forward, Recover to L
- 5678 Walk back R, L, Rock R back, Recover to L

ENDING: 16 Counts

[1-8] WALK FULL TURN R, TOUCH

- 1-7 Take slow small step walk 7 step for full turn R,L,R,L,R,L,R
- 8 Touch L next to R

[9-16] WALK FULL TURN L, TOUCH

- 1-7 Take slow small step walk 7 step for full turn L,R,L,R,L,R,L
- 8 Touch R next to L

NOTE: at the last rhythm, facing 12:00 you can make a beautiful ending pose.

HAVE YOUR FUN!

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