

# Proud of You

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Li Michelle (MY), Amy Yang (TW) & BM Leong (MY) - August 2017

Musique: Proud Of You (以你為榮) - Fiona Fung (馮曦妤)



Alt. music: Your Pride by Joey Yung ( 我的驕傲 - 容祖兒 )

Start the dance on vocal after 16 counts.

## S1: DIAGONAL FORWARD ROCK, SWEEP-BACK X 2, 1/8 TURN RIGHT BACK ROCK, 3/4 TURN LEFT ON R & L

- 1-2 Step R forward along right diagonal, recover onto L
- 3-4 Sweep and step R back, sweep and step L back
- 5-6 1/8 turn right rock back on R ( 3.00 ), recover onto L
- 7-8 Turning 1/2 left step back on R ( 9.00 ), turning 1/4 left step L to left side ( 6.00 )

## S2: CROSS ROCK, RIGHT SIDE CHA CHA, 1/4 TURN LEFT BACK ROCK, FORWARD CHA CHA

- 1-2 Cross R over L, recover onto L
- 3&4 Step R to right side, step L beside R, step R to right side
- 5-6 Turning 1/4 left step L back, recover onto R ( 3.00 )
- 7&8 Step L forward, step R beside L, step L forward

## S3: CROSS, SIDE, SAILOR, CROSS, 1/4 TURN LEFT, 1/4 TURN LEFT SIDE CHA CHA

- 1-2 Cross R over L, step L to left side
- 3&4 Cross R behind L, step L to left side, step R to right side
- 5-6 Cross L over R, turning 1/4 left step R back ( 12.00 )
- 7&8 Turning 1/4 left step L to left side, step R beside L, step L to left side ( 9.00 )

## S4: LEFT & RIGHT NEW YORK

- 1-2 Cross R over L, recover onto L
- 3&4 Step R to right side, step L beside R, step R to right side
- 5-6 Cross L over R, recover onto R
- 7&8 Step L to left side, step R beside L, step L to left side

## S5: PIVOT 1/2 TURN – CHA CHA CHA X 2

- 1-2 Step R forward, pivot 1/2 turn left ( 3.00 )
- 3&4 Step R forward, step L beside R, step R forward
- 5-6 Step L forward, pivot 1/2 turn right ( 9.00 )
- 7&8 Step L forward, step R beside L, step L forward

## S6: FORWARD ROCK, COASTER 1/4 TURN RIGHT, FORWARD, TRIPLE 1/2 TURN LEFT

- 1-2 Rock R forward, recover onto L
- 3-4 Turning 1/4 right step back on R, step L beside R, step R forward
- 5-6 Rock L forward, recover onto R
- 7&8 Turning 1/4 left step L slightly to left side, step R beside L, turning 1/4 left step R forward

## S7: PADDLE 1/4 TURN LEFT X 2, LEFT SAMBA, RIGHT SAMBA

- 1-2 Step R forward, paddle 1/4 turn left
- 3-4 Step R forward, paddle 1/4 turn left
- 5&6 Cross R over L, step L to left side, recover onto R
- 7&8 Cross L over R, step R to right side, recover onto L

## S8: JAZZ BOX 1/4 TURN RIGHT, HIP SWAYS

1-2            Cross R over L, step L back  
3-4            Turning 1/4 right step R to right side, step L beside R  
5-6            Sway hips to the right, sway hips to the left  
7-8            Sway hips to the right, sway hips to the left

**RESTARTS during**

**(1) wall 2 after 16 counts**

**(2) wall 3 after 62 counts**

**(3) wall 4 after 16 counts**

**( [www.sjlinedancer.blogspot.com](http://www.sjlinedancer.blogspot.com) )**

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