

Promesa De Amor

Compte: 64

Mur: 2

Niveau: Phrased Improver

Chorégraphe: Fred CHABBAT (FR) - July 2017

Musique: Promesa de Amor - Blex



Intro: 16 Count - Restart during Wall 2

Seq: A – B – BI BII – RESTART – B – B – B – A – B – B – B – B – B

A I – CUMBIA CROSS HEEL RIGHT STEP FWD

1&2& Cross Heel R Step on L – Walk on L foot – Step R in place on Toe - Walk on L foot
3&4& Cross Heel R Step on L – Walk on L foot – Step R in place on Toe - Walk on L foot
5&6& Cross Heel R Step on L – Walk on L foot – Step R in place on Toe - Walk on L foot
7&8& Cross Heel R Step on L – Walk on L foot – Step R in place on Toe - Walk on L foot

A II – CUMBIA RIGHT HITCH & BACK LEFT FOOT

1&2& R Toe – L Back & R Hitch – R Toe – L Back & R Toe
3&4& R Toe – L Back & R Hitch – R Toe – L Back & R Toe
5&6& R Toe – L Back & R Hitch – R Toe – L Back & R Toe
7&8& R Toe – L Back & R Hitch – R Toe – L Back & R Toe

A III – CUMBIA CROSS HEEL LEFT STEP FWD

1&2& Cross Heel L Step on R – Walk on R foot – Step L in place on Toe - Walk on R foot
3&4& Cross Heel L Step on R – Walk on R foot – Step L in place on Toe - Walk on R foot
5&6& Cross Heel L Step on R – Walk on R foot – Step L in place on Toe - Walk on R foot
7&8& Cross Heel L Step on R – Walk on R foot – Step L in place on Toe - Walk on R foot

A IV – CUMBIA LEFT HITCH & BACK RIGHT FOOT

1&2& L Toe – R Back & L Hitch – L Toe – R Back & L Toe
3&4& L Toe – R Back & L Hitch – L Toe – R Back & L Toe
5&6& L Toe – R Back & L Hitch – L Toe – R Back & L Toe
7&8& L Toe – R Back & L Hitch – L Toe – R Back & L Toe

B I – CUMBIA CROSS SCHUFFLE LEFT – MAMBO LEFT & RIGHT

1&2& Cross R on L – L Side to L – Cross R on L – L side to L
3&4& Cross R on L – L Side to L – Cross R on L – L side to L
5&6 Mambo L to L – Recover R – L beside R
7&8 Mambo R to R – Recover L – R beside L

B II – CUMBIA CROSS SCHUFFLE RIGHT – MAMBO RIGHT & LEFT

1&2& Cross L on R – R Side to R – Cross L on R – R side to R
3&4& Cross L on R – R Side to R – Cross L on R – R side to R
5&6 Mambo R to R – Recover L – R beside L
7&8 Mambo L to L – Recover R – L beside R

Restart here during Wall 2

B III – ½ TURN LEFT & HITCH RIGHT – POINT SIDE & POINT SIDE x2 – HITCH LEFT - SAILOR STEP

1-2 ½ Turn Left & Hitch R – Point R to R
&3&4 R beside L – Point L to L – L beside R – Point R to R
&5-6 R beside L – Point L to L – Hitch L inside
7&8 L behind R – R to R – L Fwd

BIV – (¼ TURN L & CROSS SCHUFFLE – ¼ TURN L & SCHUFFLE) X2

1&2 ¼ Turn L & R Cross Schuffle onto L(R/L/R)

3&4 ¼ Turn L & Schuffle(L/R/L)
5&6 ¼ Turn L & R Cross Schuffle onto L(R/L/R)
7&8 ¼ Turn L & Schuffle(L/R/L)

End of the Dance!!!!.....Thanks

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