

# It's My Soul

**COPPERKNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 2

**Niveau:** High Beginner



**Chorégraphe:** Nancy Rosera (USA) - May 2017

**Musique:** It's My Soul - Lynn August

**Intro: 48 ct (start on vocals)**

**Sec 1: Stomp, Hold, Sailor, Stomp, Hold, Sailor**

1 2 Stomp R, hold  
3&4 L sailor L R L  
5 6 Stomp R, hold  
7&8 L sailor L R L

**Sec 2: Rock, Recover, Behind, Side, Cross R&L**

1 2 Rock R to right, recover L  
3&4 R behind L, L to left, cross R over L  
5 6 Rock L to left, recover R  
7&8 L behind R, R to right, cross L over R

**Sec 3: Heel switches, 1/4 turn Left, 2x**

1&2& R heel fwd, step R, L heel fwd, step L  
3 4 Fwd R, pivot 1/4 turn left  
5&6& R heel fwd, step R, L heel fwd, step L  
7 8 Fwd R, pivot 1/4 turn left

**Sec 4: Lindy Right, Lindy Left**

1&2 Shuffle right R L R  
3 4 Rock back L, recover R  
5&6 Shuffle left L R L  
7 8 Rock back R, recover L

**Begin again:**

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