

# 1 by 1

**Compte:** 64

**Mur:** 1

**Niveau:** Beginner / Improver

**Chorégraphe:** Keezie White (USA) - April 2017

**Musique:** 1x1 - Trey Songz



## SECTION ONE: CALYPSO, TOUCH & KICK, OUT IN HITCH, ROLL BACK

- 1, 2, 3, 4 Right Out to Side, Bring it back in; Left Out to Side, Bring it back in  
5, 6, 7, 8 Tap Right, Kick Right; Tap Left Kick Left  
1 & 2 & 3 & 4 Right tap out & in, hitch right knee; Left tap out & in hitch left knee  
&  
5, 6, 7, 8 Step back on Right and roll, Step back on Left and roll  
1, 2, 3, 4 Right Out to Side, Bring it back in; Left Out to Side, Bring it back in  
5, 6, 7, 8 Tap Right, Kick Right; Tap Left Kick Left  
1 & 2 & 3 & 4 Right tap out & in, hitch right knee; Left tap out & in hitch left knee  
&  
5, 6, 7, 8 Step back on Right and roll, Sep back on Left and roll

## SECTION TWO: FIGURE 8 CHA CHA , JAZZ SQUARE, KICK BALL CHANGE

- 1 & 2, 3, 4 Cha Cha Right (R, L, R) , Step Left and  $\frac{1}{2}$  turn to the right  
5 & 6, 7, 8 Cha Cha Left (L, R, L); Step Right and  $\frac{3}{4}$  turn left back to the front wall  
1, 2, 3 & 4. 5, 6, 7 & 8 Jazz box square (Right over Left,R, L R) Jazz box square (L over Right, L, R L)  
1 & 2, 3, 4 Cha Cha Right (R, L, R) , Step Left and  $\frac{1}{2}$  turn to the right  
5 & 6, 7, 8 Cha Cha Left (L, R, L); Step Right and  $\frac{3}{4}$  turn left back to the front wall  
1 & 2, 3 & 4, 5 & 6, 7 & 8 Kick ball Change 4x moving forward beginning with right foot. R, R, L,; L, L, R; R, R, L,; L, L, R.

## START OVER

Submitted by - Nzinga Khalid: [mbsdancers@gmail.com](mailto:mbsdancers@gmail.com)