Bless My Soul



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Jan Brookfield (UK) - May 2017

Musique: In My World - Lindsey Buckingham & Christine McVie



(Start after 14 seconds /32 beats)

Alternative music: "Spinning Wheels" by Pete Boddis 120 BPM (start on vocals)

Also: "Your Tattoo" by Sammy Kershaw

Section 1: (SIDE, CLOSE, FORWARD, TOUCH) x 2

1,2,3,4	Step R to right side, close L to R, step R forward, touch L next to R
5,6,7,8	Step L to left side, close R to L, step L forward, touch R next to L

Section 2: BACK TRACK FOR 8 COUNTS (STEP DIAGONALLY BACK, TOUCH) x 4

9,10	Step R diagonally back, touch L next to R
11,12	Step L diagonally back, touch R next to L
13,14	Step R diagonally back, touch L next to R
15,16	Step L diagonally back, touch R next to L

Section 3: SWAY x 2, STEP 1/4 TURN, HOLD / CLAP, STEP 1/4 TURN, HOLD / CLAP, STOMP x 2

17,18	Rock R out to right side swaying hips, recover weight on L swaying hips out to left
19,20	Making a quarter turn right step R forward, hold & optional clap or click
21,22	Making another quarter turn right step L to left side, hold & optional clap or click
23,24	Stomp R in place, stomp L in place (6 o'clock)

Section 4 : SCISSORS STEP, TOE STRUT ACROSS, TOE STRUT 1/4 TURN, STEP 1/2 PIVOT TURN

25.26	Step R to right side, close L to R:
Z0.Z0	Sieb K to hani side, close L to K:

27,28 R toe strut across in front of L (toes down first, then heel)

29,30 L toe strut forward making a guarter turn left (toes down first, then heel)

(NB. This feels like less than 1/4, more like an 1/8, because you are already angled slightly left because of the R toe strut going across in front of L)

31,32 Step R forward, pivot half turn over left shoulder, weight now on L (9 o'clock)

KEEP IT GOING!