

Keep On Dancing

Compte: 64

Mur: 2

Niveau: Easy Intermediate

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Musique: Keep On Dancing - Gwen Stefani



Introduction: 32 Beats. - Restart : on wall 2, after 32 counts.

S1: FORWARD, TOUCH, BACK-LOCK-BACK, ROLL BACK, 1/4 SIDE SHUFFLE

- 1, 2 Step R Forward, Touch L Toe Behind Right & Click Fingers
- 3 & 4 Step L Back, Lock R Across In Front Of Left, Step L Back
- 5, 6 Turn 180deg Right Step R Forward, Turn 180deg right Step L Back
- 7 & 8 Turn 90deg Right Side Shuffle To The Right Step : R-L-R. (3.00)

S2: CROSS SAMBA, CROSS SAMBA, FORWARD, ROCK, 1/2 TURN SAILOR

- 1 & 2 Step L Across In Front Of Right, Step R To The Side, Step L To The Side
- 3 & 4 Step R Across In Front Of Left, Step L To The Side, Step R To The Side
- 5, 6 Step L Forward, Rock Back Onto R
- 7 & 8 Sailor Step Turning 180deg left Step : L-R-L. (9.00)

S3: FORWARD, ROCK-OUT-OUT, HOLD, HEEL, HEEL, 1/4 HEEL, HEEL

- 1, 2 Step R Forward, Rock Back Onto L
- & 3, 4 Step R To The Side, Step L To The Side, Hold
- 5, 6 Bounce R Heel, Bounce R Heel
- 7, 8 Turn 90deg left Bounce L Heel, Bounce L Heel Take Weight Onto L. (6.00)

S4: FORWARD, ROCK, OUT-OUT, HOLD, DOUBLE HIP, DOUBLE HIP

- 1, 2 Step R Forward, Rock Back Onto L
- & 3, 4 Step R Back At 45deg right, Step L To The Side
- 5, 6 Push Hips Right, Push Hips Right
- 7, 8 Push Hips Left, Push Hips Left Take Weight Onto L. (6.00) ##

S5: VAUDEVILLE, VAUDEVILLE, FORWARD, 1/4 SIDE, SHUFFLE ACROSS

- 1 & Step R Across In Front Of Left, Step L To The Side
- 2 & Touch R Heel Forward At 45deg right, Step R Back
- 3 & Step L Across In Front Of Right, Step R To The Side
- 4 & Touch L Heel Forward At 45deg left, Step L Back
- 5, 6 Step R Forward, Turn 90deg left Step L To The Side
- 7 & 8 Shuffle Right Across In Front Of Left Step : R-L-R. (3.00)

S6: SIDE, ROCK & SIDE, ROCK & FULL TURN : STEP-LOCK-STEP-LOCK-STEP-LOCK-STEP

- 1, 2 & Step L To The Side, Side Rock Onto R, Step L Together
- 3, 4 & Step R To The Side, Side Rock Onto L, Step R Together
- 5 & Turn 90deg left Step L Forward, Lock R Behind Left
- 6 & Turn 90deg left Step L Forward, Lock R Behind Left
- 7 & Turn 90deg left Step L Forward, Lock R Behind Left
- 8 Turn 90deg left Step L Forward. (3.00)

S7: 1/4 TURN JAZZ BOX, FORWARD, KICK, BACK, TOUCH

- 1, 2 Jazz Box : Step R Across In Front Of Left, Step L Back
- 3, 4 Turn 90deg right Step R To The Side, Step L Forward
- 5, 6 Step R Forward, Kick L Forward

7, 8 Step L Back, Touch R Toe Back. (6.00)

S8: BACK-ROCK-BACK-ROCK-BACK, TOGETHER, "V" STEP

1 & Step R Back, Rock Forward Onto L

2 & Step R Back, Rock Forward Onto L

3, 4 Step R Back, Step L Together

5, 6 "V" Step : Step R Forward At 45deg right, Step L Forward At 45deg left

7, 8 Step R Back To The Centre, Step L Together. (6.00)

Repeat The Dance In New Direction

RESTART : On WALL 2 dance to BEAT 32 (##) then Restart facing the FRONT.

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