

Keep On Sittin'

Compte: 48

Mur: 4

Niveau: Beginner +

Chorégraphe: Christiane FAVILLIER (FR) - March 2017

Musique: Keep on Sittin' on It All the Time - Band of Oz : (Album: Let it Roll)



Music Intro: 16 counts - No Tag, No Restart -

[1 to 8]- R KICK BALL CROSS (X2) - R ROCK SIDE - CROSS SHUFFLE

- 1 & 2 Throw right leg forward, bring the right foot to the right, cross the leg in front of the right
- 3 & 4 Throw right leg forward, bring the right foot to the right, cross the leg in front of the right
- 5 6 Step right to right side (with weight) and step back on left
- 7 & 8 Cross right over left, step left to side, cross right over left

[9 to 16] - L KICK BALL CROSS (X2) - ROCK SIDE - CROSS SHUFFLE

- 1 & 2 Throw leg forward on left, bring left to right side, cross leg next to left
- 3 & 4 Throw leg forward on left, bring left foot to right, cross leg in front of left
- 5 6 Lay left PG (with weight) and step back on right
- 7 & 8 Cross left over right, step right to side, cross left over right

[17 to 24] - KICKS X2 - POINT BACK & RETURN - KICKS (X2) POINT BACK & RETURN

- 1 2 Throw the leg in front of twice
- 3 4 Step right behind right (with weight) and step back on left
- 5 6 Throw leg in front of twice
- 7 8 Step left behind left (with weight) and step back on right

**The last steps of the dance is the 24th time (you are facing 3H)
forward RF (1) and rotate 1/4 turn to L (2) to find you at 12H! Thank you**

[25 to 32] -1/4 STEP TURN R (X2) - R TRIPLE STEP & L TRIPLE STEP FORWARD

- 1 2 Step forward and pivot 1/4 turn to left (9H)
- 3 4 Step forward on right and pivot 1/4 turn to left (6H)
- 5 & 6 Step forward, step back on right, step forward
- 7 & 8 Step forward on left, step right behind left, step forward

**[33 to 40] -1/4 PIVOT TURN R & TOUCH, CLAP- ¼ PIVOT TURN L & TOUCH, CLAP, R VINE WITH L
SCUFF**

- 1 2 Make ¼ turn at R (9H) and step right to right side, touch right toe to right side (touch hands)
- 3 4 Make ¼ turn left (6H) and step left to left side, touch right next to left (touch hands)
- 5678 Step right to right side, cross left behind right, step right to right side, rub left heel forward

[40 to 48] -L VINE WITH ¼ TURN L & R SCUFF - R JAZZBOX & TOGETHER

- 1234 Step left to left side, cross right behind left, pivot 1/4 turn to left (3H) step left to left side, heel D on the ground
- 5678 Cross right over left, step back on left, step right to right side, step right next to right

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All scripts on my site :

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