

# The Wake

Compte: 64

Mur: 4

Niveau: Phrased Novice



Chorégraphe: Kerly Luige (EST) - May 2009

Musique: American Wake (The Nova Scotia Set) - Bill Whelan : (Album: Riverdance - Music from the Show)

Sequence: AA AA TAG BB BB BB BB

When the music starts, wait 32 counts and then start dancing.

**A: 32 counts**

**A1: Right gallop forward, Left rock-step forward, Left coaster-step back**

- 1&2& Step right forward, lock left behind right, step right forward, lock left behind right  
3&4 Step right forward, lock left behind right, step right forward  
5,6 Rock left forward, recover weight on right  
7&8 Step left back, step together with right, step left forward

**A2: Right pivot-turn 1/2, Touch & Touch &, Right hitch-cross shuffle, Left hitch-cross shuffle**

- 1, 2 Step right forward, make a 1/2 turn to left on left  
3&4& Touch right toe to right side, step together with right, touch left toe to left side, step together with left making a hitch with your right knee  
5&6 Step right across left, step left to left side, step right across left  
&7&8 Hitch left knee, step left across right, step right to right side, step left across right

**A3: Right touch forward & hop on place - touch back & hop on place - shuffle forward, Left touch forward & hop on place - touch back & hop on place - shuffle forward**

- 1&2& Touch right toe forward, make a small hop on the spot on your left foot, touch right toe back, make a small hop on the spot on your left foot  
3&4 Step right forward, step together with left, step right forward  
5&6& Touch left toe forward, make a small hop on the spot on your right foot, touch left toe back, make a small hop on the spot on your right foot  
7&8 Step left forward, step together with right, step left forward

**A4: Right shuffle 1/4 right, Left shuffle 1/2 right, Right coaster-step, Left kick-ball-side-touch**

- 1&2 Step right forward making a 1/4 turn to right, step together with left, step right forward  
3&4 Step left to left side making a 1/4 turn to right, step together with right, step left back making 1/4 turn to right  
5&6 Step right back, step together with left, step right forward  
7&8 Kick left forward, step left next to right, touch right to right side

(Option: you may make a little hook with your right foot after the last touch instead of immediately continuing with the first shuffle)

**TAG: 16 counts**

**TS1: Right paddle-turn full-turn to right, Left forward step-lock-step-lock-step**

- 1&2& Make a 1/4 turn to right stepping onto right, step left ball next to right, make a 1/4 turn to right stepping onto right, step left ball next to right  
3&4 Make a 1/4 turn to right stepping onto right, step left ball next to right, make a 1/4 turn to right stepping onto right  
5&6& Step left forward, lock right behind left, step left forward, lock right behind left  
7&8 Step left forward, lock right behind left, step left forward

**TS2: Right toe & left toe & right toe-hook-toe-together, Left toe & right toe & left toe-hook-toe-together**

- 1&2& Touch right toe forward, step together with right, touch left toe forward, step together with left  
3&4& Touch right toe forward, hook right toe across left foot, touch right toe forward, step together with right

5&6& Touch left toe forward, step together with left, touch right toe forward, step together with right  
7&8& Touch left toe forward, hook left toe across right foot, touch left toe forward, step together with left

**B: 32 counts**

**B1: Right paddle-turn full-turn to right, Left lock-step-lock-step-lock-step-lock diagonally backwards toward**

4.30 (facing 1/8 to right towards 1.30)

1&2& Make a 1/4 turn to right stepping onto right, step left ball next to right, make a 1/4 turn to right stepping onto right, step left ball next to right

3&4 Make a 1/4 turn to right stepping onto right, step left ball next to right, make a 1/4 turn to right stepping onto right

5&6& Lock left across right foot, step back on your right foot, lock left across right foot, step back on your right foot

7&8 Lock left across right foot, step back on your right foot, lock left across right foot

**During the counts 5-8 move backwards a little diagonally towards 4.30 facing the direction towards**

1.30

**B2: Right shuffle 3/8 to right, Left pivot-turn 1/2 to right, Left cross-back&right cross-rock**

1&2 Step right forward making a 3/8 turn to right, step together with left, step right forward

3, 4 Step left forward, make a 1/2 turn to right (facing 12.00 again)

5, 6 Step left across right, step right back

&7, 8 Step together with left, rock right across left foot, recover weight on left

**B3: Right chasse, Left cross-rock, Left chasse, Right cross-rock**

1&2 Step right to right side, step together with left, step right to right side

3, 4 Rock left across right foot, recover weight on right

5&6 Step left to left side, step together with right, step left to left side

7, 8 Rock right across left foot, recover weight on left

**B4: Right chasse 1/4 to right side, Left pivot-turn 1/2 to right, Left touch forward & right touch to side & left touch to side & right touch together**

1&2 Step right to right side making a 1/8 turn to right, step together with left, step right forward making a 1/8 turn to right

3,4 Step left forward, make a 1/2 turn to right

5& Touch left toe forward, step together with left

6& Touch right toe to right side, step together with right

7&8 Touch left toe to left side, step together with left, touch right toe next to left

**At the end of the dance instead of the last stepping together with left and making the right toe-touch make a stomp with your left foot and your right foot**

**Enjoy!**

**Note: This dance was choreographed with the utmost respect for the music and its original choreography. It was born because every time I listened to the music I felt like dancing and unfortunately hadn't had the pleasure to learn Irish dancing, so I had to find a substitute for myself.**

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