

Sleepy Town Shuffle

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Jan Brookfield (UK) - April 2017

Musique: Darlene - T. Graham Brown



Start after 16 counts on vocals. Fits many songs of similar tempo.

Section 1 : STEP, HOLD, ROCKING CHAIR, SHUFFLE FORWARD

1,2 Step R forward, hold for one count
3,4,5,6 Rock L forward, recover onto R, rock L back, recover onto R
7&8 Shuffle forward on L,R,L

Section 2 : ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, ROCK FORWARD, RECOVER, TOE STRUT BACK

9,10 Rock R forward, recover onto L
11&12 Making a half turn over right shoulder shuffle forward on R,L,R (facing 6 o'clock)
13,14 Rock L forward, recover onto R
15,16 Strut L back, toes first then heel

Section 3 : TOE STRUT BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER

17,18 Strut R back, toes first then heel
19,20 Rock L back, recover onto R
21&22 Shuffle forward on L,R,L
23,24 Rock R forward, recover onto L

Section 4 : ROCK BACK, RECOVER, CHASSE ¼ TURN LEFT, HEEL TAP, STEP, HEEL TAP, TOE TAP

25,26 Rock R back, recover onto L
27&28 Making a quarter turn left, step R to right side, close L to R, step R to side (3 o'clock)
29,30 Tap L heel forward, step on L in place
31,32 Keeping weight on L, tap R heel forward, tap R toe slightly back

KEEP IT GOING!
