

# B. f. B. B (Born for Bain de Bretagne)

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Newcomer

**Chorégraphe:** Cati Torrella (ES) - July 2010

**Musique:** Speed the Plow Medley (Speed the Plow / The Maid Behind the Bar /  
Temperance Reel) - The Quebe Sisters



**Intro: 4 counts.**

## [1-8]: HEEL & HEEL & HEEL BRUSH SCUFF, STOMP, STOMP, TRIPLE STEP

- 1 Touch Right Heel forward
- & Step RF beside LF
- 2 Touch Left Heel forward
- & Step LF beside RF
- 3 Touch Right Heel forward
- & Brush back RF across LF
- 4 Scuff RF forward
- 5 Stomp RF beside LF
- 6 Stomp LF beside RF
- 7 Step forward RF
- & Step forward LF, behind RF (3<sup>a</sup> pos.)
- 8 Step Forward RF

## [9-16]: ROCK STEP FORWARD, COASTER STEP, STEP ¼ TURN, CROSS SHUFFLE

- 1 Rock forward LF
- 2 Recover weight on RF
- 3 Step back LF
- & Step back RF, beside LF
- 4 Step forward LF
- 5 Step forward RF
- 6 ¼ Turn to left, weight on LF
- 7 Cross RF over LF
- & Step LF to left side
- 8 Cross RF over LF

## [17-24]: HEEL JACKS (VAUDEVILLE STEP), SIDE ROCK STEP, CROSS SHUFFLE

- & Step LF to left side
- 1 Touch Right Heel forward to right diagonal
- & Step RF beside LF
- 2 Cross LF over RF
- & Step RF to right side
- 3 Touch Left Heel forward to left diagonal
- & Step LF beside RF
- 4 Cross RF over LF
- 5 Rock LF to left side
- 6 Recover weight on RF
- 7 Cross LF over RF
- & Step RF to right side
- 8 Cross LF over RF

## [25-32]: STEP ½ TURN, TRIPLE STEP, ROCK STEP, COASTER STEP

- 1 Step forward RF
- 2 ½ Turn to left, weight on LF

- 3 Step forward RF
- & Step forward LF behind RF (3<sup>a</sup> pos.)
- 4 Step Forward RF
- 5 Rock forward on LF
- 6 Recover weight on RF
- 7 Step bacvk on LF
- & Step back on RF beside LF
- 8 Step forward on LF

**START AGAIN**

**ENDING: At the end of 8th wall, looking to 12:00, finish the dance doing the following step:**

- 1 Touch Right Heel forward
  - & Step RF beside LF
  - 2 Touch Left Heel forward
  - & Step LF beside RF
  - 3 Touch Right Heel forward
  - 5 Stomp RF beside LF
  - 6 Stomp LF beside RF
-