

# 15 In a 30

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Jason Cowls - March 2017

Musique: Body Like a Back Road - Sam Hunt



**Restart – Wall 5, after 16 counts (follows the ball, change)**

**LOCK STEP RIGHT, LOCK STEP LEFT, RIGHT ROCK STEP, BACK, ¼ LEFT SAILOR STEP,**

- 1 & 2 Step forward R, step L behind R, step forward R
- 3 & 4 step forward L, Step R behind L, step forward L
- 5&6 Step R forward, recover weight back on L, Step back on R
- 7&8 Cross step L behind right making a ¼ turn to L, Step R to right side, Step L fwd (9:00)

**SCISSORS STEPx2, RIGHT ROCK STEP, WALK BACK, BALL CHANGE**

- 1&2 Rock R to right side, recover weight L, Cross R over L
  - 3&4 Rock L to left side, recover weight R, Cross L over R
  - 5&, 6, 7, 8& Rock R forward, recover weight back on L, Step back R, L, Step back R, recover L
- (Restart here– Wall 5, after 16 counts (follows the ball change))**

**ROCKING CHAIR x2, WEAVE, ¼ L turn**

- 1&2& R fwd step - recover weight on L - R back step – recover weight on L,
- 3&4& R fwd step - recover weight on L - R back step – recover weight on L making a ¼ turn left
- 5&6&7&8 Step R to R, Step L behind R, Step R to R, Step L in front of R, turn ¼ L as you Step R to R, weight on L, Step forward on R

**FULL TURN, MAMBO, RIGHT SAILOR, LEFT SAILOR**

- 1,2 ½ turn R stepping back on L foot, ½ turn R step forward on R
- 3&4 Rock forward L, replace R, step L next to R
- 5&6 R behind L - L step slightly to L side - R side step
- 7&8 L behind R - R step slightly to R side - L side step

Step sheet written by Cindi Massengale - Contact: [dancewithcindi@aol.com](mailto:dancewithcindi@aol.com)