

Adela Hey Ho

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Rafel Corbí (ES) - March 2017

Musique: Hey Ho Away We Go - Dave Sheriff & The Britpickers



***TAG at the end of wall 7 (looking 3:00)**

#16 counts intro

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, SHUFFLE 1/4 TURN LEFT

- 1-2 Rock Forward with Right, recover onto Left
- 3&4 Step back with Right, Left beside Right, step Right forward
- 5&6 Rock forward with Left, recover back onto Right
- 7&8 Turn 1/4 left and step Left to side, Right beside Left, step Left to side 9:00

CROSS, SIDE, SAILOR STEP, CROSS, BEHIND, SIDE, CROSS

- 9-10 Cross Right over Left, step Left to side
- 11&12 Step Right behind Left, step Left in place, step Right to right side
- 13-14 Cross Left over Right, step Right to side
- 15&16 Step Left behind Right, step Right to right side, cross Left over Right

RIGHT HEEL GRIND TURN RIGHT, COASTER STEP, LEFT HEEL GRIND TURN LEFT, COASTER STEP

- 17-18 Step with Right heel forward, turn 1/4 right and step Left back 12:00
- 19&20 Step back with Right, Left beside Right, step Right forward
- 21-22 Step forward with Left heel, turn 1/4 left and step Right back 9:00
- 23&24 Step back with Left, step Right beside Left, step forward with Left

SYNCOPATED ROCKS SIDE AND FORWARD, STEP FORWARD, SCUFF

- 25-26 Rock Right to side, return weight to Left
- &27-28 Step Right beside Left, rock Left to left side, return weight to Right
- &29-30 Step Left beside Right, rock Right forward, return weight back to Left
- &31-32 Step Right beside Left, step Left forward, scuff Right forward and beside Left

Start again

***TAG: After 7th wall, looking 3:00**

- 1-2 Stomp Right to side, hold
- 3-4 Stomp Left to side, hold
- 5-6 Clap hands twice and start again

End: Wall 9. Change the last 2 counts &31-32 turning 1/4 right

- 31 1/4 turn right and stomp Right to right side 12:00
 - 32 Stomp Left beside Right
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