

# First Woman

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 24

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Kim Ray (UK) - March 2017

**Musique:** One Woman Man - John Legend

---

## #24 count intro from heavy beat

### S1: □ BASIC FORWARD, BASIC BACK

1-3 Step forward on left, step right beside left, step left beside right  
4-6 Step back on right, step left beside right, step right beside left (12:00)

### S2: □ LEFT TWINKLE, RIGHT TWINKLE

1-3 Cross step left over right, step right to right side, step left beside right  
4-6 Cross step right over left, step left to left side, step right beside left (12:00)

### S3: □ FORWARD, POINT, HOLD, BACK, POINT, HOLD

1-3 Step forward on left, point right to right side, hold  
4-6 Step back on right, point left to left side, hold (12:00)

### S4: □ LEFT TWINKLE, CROSS, TOUCH, FLICK ¼ TURN RIGHT

1-3 Cross step left over right, step right to right side, step left beside right  
4-6 Cross step right over left, touch left toe to left side, flick left heel back as you make a ¼ turn right (3:00)

**Contact:** [kim.ray1956@icloud.com](mailto:kim.ray1956@icloud.com)

---