

Humble and Kind

Compte: 48

Mur: 4

Niveau: Novice - waltz

Chorégraphe: Karolina Ullénstäv (SWE) - February 2017

Musique: Humble and Kind - Tim McGraw



Intro: 48 counts - No Tags, No Restarts

Section 1: □ Basic waltz steps fwd and back

- 1 LF step fwd
- 2 RF step beside LF
- 3 LF step in place
- 4 RF step back
- 5 LF step beside RF
- 6 RF step in place

Section 2: □ Basic waltz steps fwd turning ½ left and basic waltz steps back

- 1 LF step fwd
- 2 RF step fwd turning ½ left
- 3 LF step beside RF (facing 06.00)
- 4 RF step back
- 5 LF step beside RF
- 6 RF step in place

Section 3: □ Twinkle steps fwd right and left

- 1 LF crossing over RF stepping slightly fwd
- 2 RF step right
- 3 LF step beside RF
- 4 RF crossing over LF stepping slightly fwd
- 5 LF step left
- 6 RF step beside LF

Section 4: □ Steps and sweeps fwd

- 1 LF step fwd
- 2-3 RF sweep fwd
- 4 RF step fwd
- 5-6 LF sweep fwd

Section 5: □ Steps, turn ¼ left, grapevine to left

- 1 LF step fwd
- 2 RF step fwd
- 3 With weight on RF turn ¼ left (facing 03.00) and then shift your weight to LF
- 4 RF step in front of LF
- 5 LF step left
- 6 RF step behind LF

Section 6: □ Big step left, drag and touch beside, big step right, drag and touch beside

- 1 LF big step left
- 2-3 RF drag slowly and touch beside LF
- 4 RF big step right
- 5-6 LF drag slowly and touch beside RF

Section 7: □ Step fwd and kick softly fwd, basic waltz steps back

- 1 LF step fwd
- 2-3 RF kick softly fwd
- 4 RF step back
- 5 LF step beside RF
- 6 RF step in place

Section 8: □ Basic waltz steps fwd turning ½ left and basic waltz steps back

- 1 LF step fwd
- 2 RF step fwd turning ½ left
- 3 LF step beside RF (facing 09.00)
- 4 RF step back
- 5 LF step beside RF
- 6 RF step in place

Enjoy!

Contact: karolina.ullenstav@ideboxen.se
