

# Cranked Up

**COPPER** KNOB  
BY STEPHEN

Compte: 32

Mur: 4

Niveau:

Chorégraphe: JR Landry (UK) - January 2017

Musique: Crank It Up - Colt Ford



## **Kick R - Touch L, Kick L - Touch R, Step R 1/2 Turn L, Coaster LRL**

- 1&2 Kick right foot forward, step on right, touch left foot back  
3&4 Kick left foot forward, step on left, touch right foot back  
5,6 Step forward with right foot, pivot left (leaving weight on your right foot)  
7&8 Coaster step left right left

## **Shuffle forward x2 (RLR, LRL), Sailor step x2 (RLR, LRL)**

- 1&2 Shuffle forward right left right  
3&4 Shuffle forward left right left  
5&6 Sailor step right left right  
7&8 Sailor step left right left

## **Twist R, Twist L 1/4 turn L, Kick-ball change R, Bump step R, Bump step L**

- 1,2 Staying on the balls of your feet, twist right (heels moving out left), twist left (heels moving out right), turning 1/4 turn left  
3&4 Kick right foot forward, step on the ball of your right foot, transfer weight to left foot  
5&6 Walk forward with right, bump hips right x2  
7&8 Walk forward with left, bump hips left x2

## **Bump step R, Bump step L, Step R 1/2 L, Walk RL**

- 1&2 Walk forward with right, bump hips right x2  
3&4 Walk forward with left, bump hips left x2  
5,6 Step forward right, 1/2 turn left  
7,8 Walk forward right, walk forward left

**END**

Contact: [j.r.landryjr@outlook.com](mailto:j.r.landryjr@outlook.com)

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