

Femme Like U

Compte: 64

Mur: 2

Niveau: Phrased Intermediate

Chorégraphe: Esmeralda van de Pol (NL) - November 2016

Musique: Femme Like U - K.Maro



Intro : 32 counts

Sequence AA BB TAG1 AA BB AA TAG2 B AA

PART A: 32 counts

A1: WALK FWD, ANCHOR STEP, KNEE POPS BACK, BACK-TOUCH-KICK

- 1-2 Walk RF fwd, Walk LF fwd
- 3&4 Step RF behind LF, Step LF on place, Step RF slightly back
- 5-6 Step LF back-pop R knee, Step RF back- pop L knee
- 7&8 Step LF back, Touch RF next to LF, Kick RF fwd (12)

A2: WALK FWD, SIDE ROCK, FWD, PIVOT ½ TURN R, SHUFFLE ½ TURN R

- 1-2 Step RF fwd, Step LF fwd
- &3-4 Rock RF to R side, Recover weight on LF, Step RF fwd
- 5-6 Step LF fwd, ½ turn R-weight on RF (6)
- 7&8 ¼ turn R-step LF to L side, Step RF next to LF, ¼ turn R step LF back (12)

A3: OUT-OUT, HOLD & CROSS, HOLD, FULL TURN R, BEHIND-SIDE-CROSS

- &1-2 Step RF to R side, Step LF to L side, Hold
(styling for the lady's, move your hands on the side of your body from under your arms to your hips)
- &3-4 Step RF next to LF, Cross LF over RF, Hold
(styling: on count 3 point your right finger forward(woman and men),
- 5-6 Both feet full turn R, Sweep RF to back (12)
- 7&8 Step RF behind LF, Step LF to L side, Cross RF over LF

A4: OUT-OUT, HOLD & CROSS, WALK FULL TURN L

- &1-2 Step LF to L side, Step RF to R side, Hold
(styling: move your arms like a power girl or man)
- &3-4 Step LF next to RF, Cross RF over LF, Hold
(styling: count 3 point your left finger fwd)
- 5-6 ¼ turn L- step LF fwd, ¼ turn L-step RF fwd (6)
- 7&8 Tripple ½ turn L, L-R-L (12)

PART B: 32 COUNTS

B1: 1/8 TURN R, DRAG, COASTER STEP, HIP BUMP ½ TURN L, SHUFFLE FWD

- 1-2 1/8 turn R-step RF fwd, dragg LF next to RF (1.30)
- 3&4 Step LF back, Step RF next to LF, Step LF fwd
- 5&6 Touch R toe fwd bump your R hip fwd, Drop R heel down, ½ turn L-weight on RF and pop L knee (7.30)
- 7&8 Step LF fwd, Step RF next to LF, Step LF fwd

B2: 1/8 TURN L SIDE ROCK, TRIPLE FULL TURN R CROSS, ¼ TURN R, SIDE, CROSS SHUFFLE

- 1-2 1/8 turn L rock RF to R side, Recover weight on LF (6)
- 3&4 ½ turn R step on RF on place, step LF next to RF, ½ turn R cross RF over LF (6)
- 5-6 ¼ turn R step LF back, Step RF to R side (9)
- 7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

B3: MONTEREY ½ TURN R, & POINT, ¼ TURN R STEP HITCH, 1/8 TURN R STEP HITCH

- 1-2 Point RF to R side, ½ turn R-step RF next to LF(3)

3&4 Point LF to L side, Step LF next to RF, Point RF to R side
5-6 ¼ turn R step RF fwd- Hitch your L knee (6)
7-8 1/8 turn R step LF slightly back, Hitch your R knee (7.30)

B4: WALK BACK, COASTER STEP, ½ TURN L, ½ TURN R, FULL TRIPLE TURN R

1-2 Step RF back, Step LF back (7.30)
3&4 Step RF back, Step LF next to RF, Step RF fwd
5-6 ½ turn L- replace weight on LF- ½ turn R- replace weight on RF (7.30)
7&8 Tripple full turn R slightly traveling square up on the straight wall (6)

TAG 1: 8 counts HIP SWAYS X2, PIVOT ½ TURN X2

1-2 Sway R hip in 2 counts to the R
3-4 Sway L hip in 2 counts to the L
5-6 Step RF fwd, ½ turn L-weight on LF
7-8 Step RF fwd, ½ turn L-weight on LF

TAG 2: 4 Counts ROCKING CHAIR

1-2 Rock RF fwd, Recover weight on LF
3-4 Rock RF back, Recover weight on LF

Ending : dance up till counts 28 from section 4, make a ½ turn last 4 counts and ending at the front wall.

it's not so hard as it looks

Enjoy!!!

Contact: www.esmeralda-dancers.com - info@esmeralda-dancers.com
