

Sexy and Smooth

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Henry Costa (USA) - December 2016

Musique: Move - Luke Bryan



KICK STEP, KICK, STEP, KICK, STEP KICK, OUT, OUT, ¼ CCW HIP TURN

- 1&2& Kick forward Right, slightly forward Right, Kick forward Left, slightly step forward Left
3&4 Kick forward Right, slightly forward Right, Kick forward Left
&5 Slightly step out Left, step out Right
6,7,8 Sway right hip to right, sway back counter clock wise to left, ¼ turn left placing weight on left

KICK, KICK, TRIPLE STEP ½ TURN RIGHT, KICK, KICK, TRIPLE STEP ½ TURN LEFT

- 1-2 Kick right, Kick Right
3&4 ½ Turn right; Side Right, Left Next to Right, step forward Right
5-6 Kick Left, Kick Left
7&8 ½ turn Left: Side left, right next to left, step forward Left

CROSS, BACK, SIDE, CROSS, SIDE, RECOVER, CROSS, SIDE, CROSS

- 1-2 Cross right in front of Left, back Left,
3-4 Side Right, cross Left in front of Right
5-6 Side Right, Recover Left
7&8 Cross Right in front of Left, side Left, Cross Right in front of Left

¼ LEFT, RECOVER BACK ON LEFT, LEFT COASTER STEP, (R KICK-BALL-CHANGE)x2

- 1-2 ¼ turn left, recover weight on Right
3&4 step back Left, Right next to Left, forward Left
5&6 Right kick forward, Right step, ball change left (weight on Left)
7&8 Right kick forward, Right step, ball change left (weight on Left)

BEGIN AGAIN
