

# Lose My Mind

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Maria Stella Cupellini (IT) - December 2016

Musique: Lose My Mind - Brett Eldredge



## Start dancing on lyrics

### RIGHT SAILOR, STOMP X3, RIGHT SAILOR TURN ¼, SHUFFLE FORWARD

- 1&2 cross right foot behind left, step left to left side, step right together  
3&4 stomp left together to right, stomp next to right, stomp left to left side  
5&6 turn ¼ right and step right behind left, step left to side, step right forward (h.3) ( restart here at the 6° wall)  
7&8 step left forward, step right together, step left forward

### SCUFF & HITCH, STEP BACK RIGHT -LEFT-RIGHT, TOE TOUCH BACK, SCUFF & HITCH ¼ TURN RIGHT, SLIDE, STOMP RIGHT

- 1&2 scuff right, hitch right, step right back  
3&4 step left back, step right back, touch left toe back  
5&6 scuff left, ¼ turn right with left hitch , step left to side (h.6)  
7-8 slide right beside left, stomp right next to left

### SYNCOPATED RUMBA BOX , SHUFFLE ¼ TURN RIGHT, SHUFFLE LEFT ½ TURN RIGHT

- 1&2 step right to right side, step left together right, step right forward ( restart here at 3° wall)  
3&4 step left to left side, step right together, step left back  
5&6 step right ¼ turn right, step left together, step right forward  
7&8 turn ½ right and step left back, step right together, step left in place

### RIGHT COASTER STEP, LEFT -RIGHT FORWARD, STEP ¼ TURN RIGHT, BOUNCE HEEL DOWN

- 1&2 step right back, step left beside right, step right forward  
3-4 step left forward, step right forward  
5-6 step left forward , turn ¼ right on ball ( weight on left)  
7-8 bounce right hell down x2 with snap finger

Repeat.

### RESTART & TAG :

At the 3rd wall after count 18 add 2 counts : stomp left , hold (weight on left)

At the 6th wall after 6 count ( h9.) replace shuffle forward with shuffle left ¼ turn right ( h.12)

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