

# Shake Your Bacon

**COPPER** **NOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Marek Kociolek - October 2016

**Musique:** "Schuttel Dein Speck" by Peter Fox



**Start After 16 count intro:**

## **WALK, WALK, SIDE ROCK CROSS, WALK, WALK, SIDE ROCK CROSS**

- 1-2 Step forward R (1), Step forward L (2) (12.00)
- 3&4 Right Side rock recover (3&), cross over left (4) (RLR)
- 5-6 Step back L (5), Step back R (6)
- 7&8 Left side rock recover (7&), cross over right (8) (LRL)

## **WALK, WALK, ½ PIVOT STEP, TURN, TURN, ROCK RECOVER ¼ TURN**

- 1-2 Step forward R (1), Step forward L (2)
- 3&4 Step forward R (3), 1/2 turn left transferring weight through left foot (&), step forward R (4)(6.00)
- 5-6 Step L forward ½ turn right (5), step R back ½ turn right (6) (6.00) (LR)
- 7&8 Step forward L (7), 1/4 turn right transferring through right foot (&), cross L over R (8) (9.00)

## **CHASSE, ROCK RECOVER, CHASSE, ROCK RECOVER**

- 1&2 Step R to right side (1), Close L to R (&), Step R to right side (2)
- 3-4 Rock back on L foot (3) and recover R (4) (9.00)
- 5&6 Step L to left side (5), Close R to L (&), Step L to left side (6)
- 7-8 Rock back on R foot (7) and recover L (8). ( 9.00)

## **STEP PIVOT, STEP PIVOT, KICK BALL CHANGE, KICK BALL CHANGE**

- 1-2 Step R forward (1), Turn left 1/2 turn step L (2) (3.00)
- 3-4 Step R forward (3), Turn left 1/2 turn step L (4) (9.00)
- 5&6 Kick R forward (5) Step on ball R foot (&) Step L (6)
- 7&8 Kick R forward (7) Step on ball R foot (&) Step L (8)

**Variation: Add two full turns over right shoulder in section 2 (5&6&)**

**Have Fun!**

**Contact:** [Timberlinedance@hotmail.com](mailto:Timberlinedance@hotmail.com)