

# Pasando Los Dias

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Marita Torres (ES) - September 2016

Musique: Passing of the Days - Carole King



**\*\* Dance dedicated to Mercedes \*\***

## **STEP FORWARD X 2, MAMBO FORWARD, STEP BACK X 2 MAMBO BACK**

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Rock right foot forward
- & Recover weight to left foot
- 4 Right foot next to left
- 5 Step left foot back
- 6 Step right foot back
- 7 Rock left foot back
- & Recover weight to right foot
- 8 Left foot next to right

## **DIAGONAL LOCK STEP RIGTH & LEFT, LEFT PADDLE FULL TURN**

- 1 Step right foot diagonal forward
- & Left foot behind right
- 2 Right foot diagonal forward
- & Scuff left foot
- 3 Step left foot diagonal forward
- & Right foot behind left
- 4 Left foot diagonally forward
- 5 Touch right toe forward
- & 1/4 turn left on left foot (9:00)
- 6 Touch right toe forward
- & 1/4 turn left on left foot (6:00)
- 7 Touch right toe forward
- & 1/4 turn left on left foot (3:00)
- 8 Touch right toe forward
- & 1 /4 turn left on left foot (12:00)

## **POINT FORWARD, BACK, COASTER STEP, CROSS, SIDE, WAVE LEFT**

- 1 Point foot right forward
- 2 Right foot back
- 3 Left foot back
- & Right foot back
- 4 Left foot forward
- 5 Cross right foot over left
- 6 Left foot to the left
- 7 Right foot behind left
- & Left foot to left
- 8 Right foot over left

## **ROCK SIDE LEFT, WAVE RIGHT, STEP FORWARD TOUCH - SIDE ¼ TURN TOCH X 2**

- 1 Rock left foot to the left
- 2 Return weight to right foot
- 3 Left foot behind right

- & Right foot to the right
- 4 Cross left foot over right
- 5 Right foot forward
- & Touch left foot next to right foot (snaps with arms up)
- 6 Left foot  $\frac{1}{4}$  turn left
- & Touch right foot next to left (down arms)
- 7 Right foot forward
- & Touch left next to right foot (snaps with arms up)
- 8 Left to left side with  $\frac{1}{4}$  turn
- & Touch right foot next to left (down arms)

**TAG: After the 10th wall (6:00) Tag 4 counts**

**Make 4 claps from left to right while tracing an arc with hands up**

**Contact: <http://maritatorres-mallorca.com/> - [maritatorres@yahoo.es](mailto:maritatorres@yahoo.es)**

---