Dayum Insane

Compte: 32

Niveau: Beginner

Chorégraphe: Pat Esper (USA) - June 2016

Musique: She's Crazy - Moonshine Bandits

	/alk, Triple forward, Step, Hip roll, Step, Hip roll
1-2.	Step forward on the left foot. Step forward on the right foot.
3&4.	Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.
5-6.	Step forward slightly on the right foot. Roll the hips counter clockwise making and eighth turn to the left.
7-8.	Step forward slightly on the right foot. Roll the hips counter clockwise making and eighth turn to the left.
[9-16]: Cross, Side, Half turn into a side triple, Cross rock, Recover, Quarter turn triple forward	
1-2.	Step the right foot across the left. Step the left foot to the side.
3&4.	Turn a half turn to the right and step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
5-6.	Rock the left foot across the right. Recover onto the right foot.
7&8.	Turn a quarter turn to the left and step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.
[17-24]: Step, Half turn, K-step modified	
1-2.	Step forward on the right foot. Pivot a half turn to the left.
3-4.	Step forward at an angle on the right foot. Touch the left foot next to the right.
5-6.	Step back at an angle on the left foot. Touch the right foot next to the left.
7-8.	Step back at an angle on the right foot. Touch the left foot next to the right.
[25-32]: Heel, Touch, Hip shimmy, Heel, Touch, Hip shimmy	
1-2.	Touch the left heel forward. Touch the left foot next to the right.
3&4.	Step the left foot to the side while bumping the hips to the left, Bump the hips to the right, Bump the hips to the left.
5-6.	Touch the right heel forward. Touch the right foot next to the left.
7&8.	Step the right foot to the side bumping the hips to the right, Bump the hips to the left, Bump the hips to the right.

Start again - No Tag/Restarts

Teaching and Demo videos coming soon.

Check out our website for other dances at: http://ptesper.wix.com/redneckrevolution Contact: ptesper@gmail.com On Facebook at: The Redneck Revolution (of music and dance with Pat Esper)





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