

Gangsta Walk

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Fiona Murray (IRE), Roy Hadisubroto (IRE), Raymond Sarlemijn (NL) & Eleni de Kok (NL) - August 2016

Musique: Gangsta Walk by Nate Dogg



Intro: Start on Everybody do the Gangsta Walk...

Note: Restart on the 7th wall after 16 counts

[1 – 8] Walk Forward, Mambo Step, Walk Back, Pose, Knee Pops

1 - 2 Step R forward (1) Step L forward (2) 12:00

3 & 4 Rock R forward (3) Recover back on L (&) Step R back (4) 12:00

5 - 6 Step L back (5), Step R back (6) 12:00

7 & 8 Step L back and fold both arms in front of body (7), Pop both knees forward and lift head up (&) Knees back to centre and head facing forward (8) 12:00

[9 – 16] Rock Cross, Sweep, Weave, Hop 4x Left

1 - 2 Rock R in front of L (1), Step L backwards and sweep R from front to back (2) 12:00

3&4 Cross R behind L (3) Step L to left side (&), Cross R in front of L (4) 12:00

5 - 6 Hop with both feet to the left (5), Hop with both feet to the left (6) 12:00

7 - 8 Hop with both feet to the left (7), Hop with both feet to the left (8) 12:00

[17 – 24] Out, Out, ¼ Turn R, In, In, Camel Walk

1 - 2 Step R out diagonally forward to R side (1), Step L out to left side (2) 12:00

3 - 4 Turn ¼ R and step R backwards (3), Step L next to R (4) 3:00

5 - 6 Step R forward and bend L knee (5) Step L forward and bend R knee (6) 3:00

7 - 8 Step R forward and bend L knee (7) Step L forward and bend R knee (8) 3:00

[25 – 32] Syncopated Rock steps, Knee pops with ½ Turn L

1 - 2 & Rock R forward (1) Recover back on L (2) Step R next to L (&) 3:00

3 - 4 & Rock L forward (3) Recover back on R (4) Step L next to R (&) 3:00

5 - 6 Step R forward begin to start the ½ turn L and Pop both knees (5), Turn 1/8 L and Pop both knees (6) 1.30

7 - 8 Turn 1/8 L and Pop both knees (7) Turn 1/4 L and Pop both Knees (8) 9:00

START AGAIN AND HAVE FUNNNN

Restart Restart after the 7th wall after count 16