

My Island Lady

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Jack Koopman (NL) & Frankie Ray Merchant (NL) - September 2016

Musique: My Island Lady - Richard Parker



Starting on the beat after 16 counts

Mambo step x 4

- 1 RF rock fwd
- & LF recover
- 2 RF step beside LF
- 3 LF rock back
- & RF recover
- 4 LF step beside RF
- 5 RF rock to right
- & LF recover
- 6 RF step beside LF
- 7 LF rock to left
- & RF recover
- 8 LF step beside RF

Weave, rumba box, R Lockstep back

- 1 RF step right
- & LF cross behind RF
- 2 RF step right
- & LF cross in front of RF
- 3 RF step right
- & LF step beside RF
- 4 RF step fwd
- 5 LF step left
- & RF step beside LF
- 6 LF step back
- 7 RF step back
- & LF step hook in front of RF
- 8 RF step back

Triple ¼ turn left, kickball step, cross rock, step together

- 1 LF ¼ turn left step to left
- & RF step beside
- 2 LF ¼ turn left step fwd (6)
- 3 RF kick fwd
- & RF step beside LF
- 4 LF recover
- 5 RF rock in front of LF
- & LF recover
- 6 RF step beside LF
- 7 LF rock in front of RF
- & RF recover
- 8 LF step beside RF

Touch ¼ paddle left x 3, step, touch ¼ paddle x3, step

- 1 RF touch toe fwd

& R&L ¼ paddle turn left
2 RF touch toe fwd
& R&L ¼ paddle turn left
3 RF touch toe fwd
& R&L ¼ paddle turn left
4 RF step fwd (9)
5 LF touch toe fwd
& L&R ¼ paddle turn right
6 LF touch toe fwd
& L&R ¼ paddle turn right
7 LF touch toe fwd
& L&R ¼ paddle turn right
8 LF step fwd (6)

Start again: many pleasure
