

# I Can Do This All Day

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Rob Holley (USA) - August 2016

**Musique:** All Day - LOCASH : (CD: The Fighters - iTunes)



**Intro: 16 (start on vocals)**

**[1-8] HEEL PUMP FORWARD X2, COASTER, REPEAT**

1-2 Pump R heel forward, pump R heel forward  
3&4 Step R back, step L back, step R forward  
5-6 Pump L heel forward, pump L heel forward  
7&8 Step L back, step R back, step L forward

**[9-16] HIP BUMPS RIGHT, HIP BUMPS LEFT, 1/8 TURN HIP ROLLS X2**

1&2 Step R slightly forward & bump R hip, bump L hip back, bump R hip forward  
3&4 Step L slightly forward & bump L hip, bump R hip back, bump L hip forward  
5-8 Step R forward and hip roll CCW making 1/8 turn taking weight on L, repeat for (7-8) (9:00)

**[17-24] SYNCOPATED WEAVE LEFT, HEEL JACK, SYNCOPATED WEAVE RIGHT, HEEL JACK**

1&2& Cross R over L (1), step L to L side (&), step R behind L (2), step L to L side (&)  
3&4& Cross R over L (3), step L to L side (&), touch R heel forward (4), step R next to L (&)  
5&6& Cross L over R (5), step R to R side (&), step L behind R (6), step R to R side (&)  
7&8& Cross L over R (7), step R to R side (&), touch L heel forward (8), step L next to R (&)

**[25-28] CROSS STEP, HOLD, HEEL JACK, HOLD**

1-2 Cross R over L, hold  
&3-4 Step L to L side, touch R heel forward, hold

**[29-32] CROSS STEP, HEEL JACK, CROSS STEP, HEEL JACK**

&5 Step R next to L, cross L over R  
&6 Step R to R side, touch L heel forward  
&7 Step L next to R, cross R over L  
&8 Step L to L side, touch R heel forward

**\*TAG: After finishing wall 2, facing 6:00**

**[1-4] HEEL PUMP FORWARD X2, TOE TOUCH BACK X2**

**\*Restart dance from beginning\***

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