

# Be The One Ez

**COPPERKNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Annemaree Sleeth (AUS) - August 2016

**Musique:** Be the One - Dua Lipa : (Single - iTunes)



**Intro Dance Starts On Lyrics 16 Counts Dance Travels Clockwise To The Right**

## **SEC 1 [1 - 8] V STEP , FORWARD TOUCH, FORWARD TOUCH**

- 1 - 2 Step R Diag Fwd & Out Step L Diag Fwd & Out
- 3 - 4 Step R Back, Step L Together ,
- 5 - 6 Step R Diag Fwd , Touch L Together
- 7 - 8 Step L Diag Fwd, Touch R Together

## **SEC 2 [9 – 16] MONTEREY ¼, MONTEREY 1/4**

- 1 – 2 Touch R Side, ¼ Turn R , (6.00)
- 3 – 4 Touch L Side, Step L Together
- 5 – 6 Touch R Side, ¼ Turn R ,
- 7 – 8 Touch L Side, Step L Together

## **SEC 3 [17 – 24] ROCKING CHAIR, SKATE FWD TWICE**

- 1 – 2 Rock R Forward, Recover L
- 3 – 4 Rock R Back, Recover L
- 5 – 6 Skate R Forward, Hold
- 7 – 8 Skate L Forward, Hold □ (6.00)

## **SEC 4 [25 – 32] ROCKING CHAIR TOE STRUTS ¼ TURN**

- 1 – 2 Rock R Forward, Recover L
- 3 – 4 Rock R Back, Recover L
- 5 – 6 ¼ R Touch R Toe Forward, Drop R Heel
- 7 – 8 Touch L Toe Forward, Drop L Heel , (3.00)

**#Dance Finish Wall To Front Wall**

**I Am Choosing To Dance Through Any Restarts You May Hear**

**Youtube Site : Annemaree Sleeth. Website : [Www.Inlinedancing.Webs.Com](http://Www.Inlinedancing.Webs.Com) - [Inlinedancing@gmail.com](mailto:Inlinedancing@gmail.com)**

**Last Update - 19th Aug 2016**