

# Sayawan Na!

**Compte:** 64

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Noel Gamboa (USA) - August 2016

**Musique:** Sayawan Na! - Noel Gamboa : (Album: Pinoy Dance Mix)



Start on lyrics.

## Sec 1: FORWARD ROCK, SHUFFLE, BACK ROCK, SHUFFLE

1-2 Rock L forward, recover to R  
3&4 Shuffle back LRL  
5-6 Rock R back recover to L  
7&8 Shuffle forward RLR

## Sec 2: FORWARD ROCK, SHUFFLE, BACK ROCK, SHUFFLE

1-8 Repeat steps 1-8, Sec 1

## Sec 3: STEP-TURN, SHUFFLE, STEP-TURN, SHUFFLE

1-2 Step L forward, pivot 1/2 right  
3&4 Shuffle forward LRL  
5-6 Step R forward, pivot 1/2 left  
7&8 Shuffle forward RLR

## Sec 4: STEP-TURN, SHUFFLE, STEP-TURN, SHUFFLE

1-8 Repeat steps 1-8, Sec 3

## Sec 5: SIDE, TOGETHER, SIDE, TOUCH

1-4 Step L side, step R together, step L side, touch R together  
5-8 Step R side, step L together, step R side, touch L together

### Styling:

Push hands, palms open, overhead at left on counts 1 & 3. Sight on hands.  
Push hands, palms open, overhead at right on counts 5 & 7. Sight on hands.

## Sec 6: SIDE, TOGETHER, SIDE, TOUCH

1-8 Repeat steps 1-8, Sec 5

### Styling:

Hands beside left hip, push open palms back four times. Sight on hands.  
Hands beside right hip, push open palms back four times. Sight on hands.

## Sec 7: HEEL SWIVELS, ROCK-AND-STEP

1-2 Step L side & swivel heels right-left  
3&4 Rock L side, recover to R, step L side (heels to right)  
5-6 Step R side & swivel heels left-right  
7&8 Rock R side, recover to L, step R side (heels to left)

### Styling:

Push arm up at side alternately left-right on counts 1-2.  
Push left arm at side twice on counts 3 & 4.  
Reverse direction on counts 5-8

## Sec 8: STEPS IN PLACE

1-4 Step in place L, R, L, R  
5-8 Turn 1/4 left and step in place L, R, L, R

### Styling:

On 4 counts, cross arms across chest and sweep them up and out while uncrossing.  
On the next 4 counts, sweep arms down and in; drop them at sides.

**REPEAT**

**Note: For additional styling, watch the choreographer's dance tutorial.**

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