

Little Twist & Turns

Compte: 64

Mur: 2

Niveau: Easy Intermediate

Chorégraphe: Helen Reeson (AUS) - July 2016

Musique: Tomorrow Never Comes - Zac Brown Band



[1-8] SIDE, TOG, SIDE SHUFFLE – CROSS / ROCK, SHUFFLE

1,2,3&4 Step R to R side, L Together, R Side, L Together, R Side
5,6,7&8 Step L Across R, Recover wgt on R, L Side, R Together, L Side

[9-16] □ROCKING CHAIR – ¼L, TCH, ¼L, TCH□

1,2,3,4 Step R fwd, Rock wgt back on L, Step R back, Rock wgt fwd on L
5,6,7,8 ¼L step R to R side, Tch L, ¼L step L to L side, Tch R □6.00

[17-24] SIDE, TOG, SIDE SHUFFLE – CROSS / ROCK, SHUFFLE

1,2,3&4 Step R to R side, L Together, R Side, L Together, R Side
5,6,7&8 Step L Across R, Recover wgt on R, L Side, R Together, L Side

[25-32] □ROCKING CHAIR – ¼L, TCH, SIDE, TCH**□

1,2,3,4 Step R fwd, Rock wgt back on L, Step R back, Rock wgt fwd on L
5,6,7,8 ¼L step R to R side, Tch L, Step L to L side, Tch R □3.00

[33-40] □FWD, Point, FWD, Point – JAZZ BOX, Fwd□

1,2,3,4 Step R fwd, Point L to L side, Step L fwd, Point R to R side
5,6,7,8 Cross R over L, L back, R to side, L fwd

[41-48] □JAZZ BOX ¼R, Cross* – SIDE, TCH, SIDE, TCH□

1,2,3,4 Cross R over L, L back, Turn ¼R to R side, Step L across R
5,6,7,8 R side, Tch L beside R, L side, Tch R beside L □6.00

[49-56] □FRIEZE R, Hitch ½R – FRIEZE L, TCH□

1,2,3,4 R side, L behind, R side, Hitch L turning ½R
5,6,7,8 L side, R behind, L side, Tch R beside L □12.00

[57-64] □FRIEZE R, Hitch ½R – FRIEZE L, TCH□

1,2,3,4 R side, L behind, R side, Hitch L turning ½R
5,6,7,8 L side, R behind, L side, Tch R beside L □6.00

*TAGS Walls 1, 2 & 6: After ct 44 Add 2cts, Hips R-L. Restart facing 6, 12 & 6 o'clock

**TAG Wall 5: After ct 32 Add 4 cts, Step R fwd, ¼L, Tch R, Hold. Restart facing 12.00 TAG Wall 7: Add R Side, Tch, L Side, Tch. Wall 8 will start facing 12.00

Note: 64 counts, but easy steps & repetition. Tags & Restarts soon become clear with the music PATTERN: W1&2 Short – W3&4 Long - W5&6 Short – W7 Tag – then continue the dance.

Can be a split floor option with Maddison Glover's great dance "Twist & Turns"

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Last Update - 11th Aug 2016