

A Little Contagious

Compte: 32

Mur: 2

Niveau: Easy Intermediate

Chorégraphe: Brandi Hughes (CAN) - July 2016

Musique: Spread Some Good Time Around - Andrew Frelick



Sec. 1: □ Side Shuffle, Rock, Recover, ½ Hinge Turn, Vine, Touch

- 1&2 Step right to right side (1), Step left beside right (&), Step right to right side (2)
3-4 Step left back (3), Recover weight forward onto right (4)
5-6 Turn 1/2 turn right on right stepping out left on left (5) (6:00), Cross right behind left (6)
7-8 Step left to left side (7), Touch right beside left (8)

Restart Here on Wall 5

****4 Count Tag on Wall 11 and Restart****

Sec. 2: □ Forward Shuffle, Heel Swivet, Coaster Step, 1/4 Turn Ball, Step, Drag

- 1&2 Step forward on right (1), Step left beside right (&), Step right forward (2)
&3-4 Step Left foot forward (&), Weighted on both heels turn toes up and out to the right (3), Bring toes back to center ending weight on right (4)
5&6 Step back on left (5), Step right back beside left (&), Step forward on left (6)
&7-8 Step ¼ turn right on right (&) (3:00), Take large step forward on left (7), Drag right foot up to center (8)

Sec. 3: □ Points, Step, Tap, Back Lock Step

- 1&2& Point right to right side (1), Step down on right at center (&), Point left to left side (2) Step on left at center (&)
3&4& Point right to right side (3), Step down on right at center (&), Point left to left side (4) Step on left at center (&)
5-6 Step forward on right (5), Tap left toe behind right (6)
7&8 Step back on left (7), Bring right back over left (&), Step back on left (8)

Sec. 4: □ Rock, Recover, Heel Switches, ¼ Pivot, Stomp (x2)

- 1-2 Step back on right (1), Recover weight forward on left (2)
3&4& Tap right heel forward (3), Step right at center (&), Tap left heel forward (4), Step left at center (&)
5-6 Step forward on right (5), Pivot ¼ turn left stepping down on left (6) (6:00)
7-8 Stomp right down at center (7), Stomp left beside right (8)

****Tag** *4 Count Freestyle – Have Fun here!**

- 1-4 (suggestion) Bump hips Right (1), Left (2), Right (3), Left (4)

Restarts

Wall 5 – Dance the first 8 Counts (Sec 1) and start again

Wall 11 – Dance first 8 Counts (Sec. 1) then do 4 Count Tag and Restart from beginning of the dance!

Enjoy!