

# You Got The Light Now (Woman Up)

**COPPER** **KNOB**  
BY STEPSHEETS

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Lisa McCammon (USA) - July 2016

Musique: Woman Up - Meghan Trainor : (CD: Thank You)



**Intro: 8 counts, beginning with heavy beat about 19 seconds in; you will start dancing before the lyrics**

**Clockwise rotation; start weight on right**

**NOTE: No Tags Or Restarts.**

## **S1: □ CROSS, SIDE, CROSS-&-CROSS, SWAY, TURN LEFT, WALK, WALK**

1-2 Cross L, step R to side

3&4 Cross L, step R to side, cross L

5-8 Step R to side swaying R, turn left ¼ [9] stepping onto L, walk forward R, L

## **S2: □ ROCK, RECOVER, COASTER STEP, STEP, TURN, CROSS-&-CROSS**

1-2 Rock forward R, recover L

3&4 Step back R, close L, step forward R

5-6 Step forward L, turn right ¼ [12], ending weight R

7&8 Cross L, step R to side, cross L

## **S3: □ SIDE, CLOSE, TRIPLE BACK, SIDE, CLOSE, WALK, WALK**

1-2 Step R to side, close L

3&4 Step back R, close L, step back R

5-8 Step L to side, close R, walk forward L, R

## **S4: □ FORWARD MAMBO, TRIPLE BACK, BACK ROCK, RECOVER, HEEL-&-HEEL-&**

1&2 Rock forward L, recover weight R, step L slightly back

3&4 Step back R, close L, step back R

5-6 Rock back L, recover R

7&8& Touch L heel forward, step L next to R; touch R heel forward, step R next to L

## **S5: □ STEP, POINT, CROSS-&-CROSS, SWAY, TURN RIGHT, STEP, POINT R**

1-2 Step forward L, point R to side

3&4 Cross R, step L to side, cross R

5-8 Step L to side, swaying L, turn right ¼ [3] stepping onto R; step forward L, point R to side

## **S6: □ R SAMBA, L SAMBA, FORWARD ROCK, RECOVER, STEP BACK, FLICK L**

1&2 Step forward R, rock L to side, recover R (easier option: step forward R, point L to side)

3&4 Step forward L, rock R to side, recover L (easier option: step forward L, point R to side)

5-8 Rock forward R, recover L, step back R, flick L to left

**OPTION: When the song ends, you will be at [6] after completing section 4. To finish at the front, change counts 5-8 of the THIRD set as follows, then do the fourth set facing [12], ending with the heel switches.**

## **S3: □ SIDE, CLOSE, TRIPLE BACK, BACK ROCK, RECOVER, STEP, TURN**

1-2 Step R to side, close L

3&4 Step back R, close L, step back R

5-8 Rock back L, recover R, step forward L, turn right ½ [12] (wt R, ready to mambo forward on L)

Happy dancing. [dancinsfun@gmail.com](mailto:dancinsfun@gmail.com), [www.peterlisamcc.com](http://www.peterlisamcc.com)

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