

Sofia

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Chatti the Valley (ES) - June 2016

Musique: Sofia - Álvaro Soler



Intro: 16 counts - Bpm: 128

[1-8]: Right RUMBA BOX, Left ROCK STEP, Left Back RUMBA BOX, Right Back ROCK STEP.

- 1 Step right to right side
- & Step left beside right foot
- 2 Step right forward
- 3 Step left forward
- 4 Recover weight on right foot
- 5 Step left back
- & Step right back, beside left foot
- 6 Step left to left side
- 7 Step right back
- 8 Recover weight on left foot

[9-16]: Right CHASSE, Left Back ROCK STEP, Left CHASSE, Right Back ROCK STEP.

- 1 Step right to right side
- & Step left beside right foot
- 2 Step right to right side
- 3 Step left back
- 4 Recover weight on right foot
- 5 Step left to left side
- & Step right beside left foot
- 6 Step left to left side
- 7 Step right back
- 8 Recover weight on left foot

[17-24]: Right ROCKING CHAIR, Right SHUFFLE ½ TURN, Left COASTER STEP.

- 1 Step right forward
- 2 Recover weight on left foot
- 3 Step right back
- 4 Recover weight on left foot
- 5 ¼ turn left, step right to right side
- & Step left beside right foot
- 6 ¼ turn left, step right back (6:00)
- 7 Step left back
- & Step right back, beside left foot
- 8 Step left forward

[25-32]: Left ¼ STEP TURN, CROSS SHUFFLE, Left Side ROCK STEP, BEHIND, SIDE, CROSS.

- 1 Step right forward
- 2 ¼ turn left, weight on left foot
- 3 Cross right over left
- & Step left to left side
- 4 Cross right over left
- 5 Step left to left side
- 6 Recover weight on right foot
- 7 Step left behind right foot

& Step right to right side
8 Cross left over right

START AGAIN

TAGS: At the end of second and seventh (2^a i 7^a), added 4 counts extras, in both moments you are facing at 6:00

[1-4]: Right SIDE, TOUCH, Left ISDE, TOUCH.

1 Step right to right side
2 Touch left beside right foot
3 Step left to left side
4 Touch right beside left foot

RESTARTS: During walls 5 & 10 (you are facing 12:00, dance until count 16 and start from the beginning.

Contact: nupican@hotmail.com

Last Update - 28th July 2016
