

Bendy Breaky

Compte: 32

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Miquel Mendez & Adrian Churm (UK) - May 2016

Musique: Bend Not Break - Josh Herbert



Sec 1: Kick, step back, toe back, step forward x2

- 1 – 4 Kick right forward, step right back, touch back, step left forward.
5 – 8 Kick right forward, step right back, touch left back, step left forward.

Sec 2: ¼ turn, behind, side, ball step, side, weave left

- &1 – 2 ¼ turn left right foot to the side, step left behind right. step right to the side.
3&4 Step ball of left behind right, recover forward onto right. Left to the side.
5&6& Step right behind left, step left to the side, step right across left, step left to the side.
7&8 Step right behind left, step left to the side, step right across.

Sec 3: Side Rock, recover, sailor step ¼ turn left, rock forward, recover, coaster step

- 1 – 2 Rock left out to the side, recover onto right
3&4 Step left behind right ¼ turn left, step right to the side, step left forward.
5 – 6 Rock right forward, recover back onto left.
7&8 Step right back, close left next to right, step right forward.

Sec 4: Volta turns, jazz box ¼ turn right.

- 1& ¼ turn left with left across right, step toes of right to the side.
2& ¼ turn left with left across right, step toes of right to the side.
3& ¼ turn left with left across right, step toes of right to the side.
4 ¼ turn left step left foot forward.
5 – 6 Cross right over left, step left back.
7 – 8 ¼ turn right right foot to the side, small step forward with left.

Restart wall 4: Dance up to and including section 2 on count 8 of section 2 touch right foot back

Ending: On the last repetition of the dance do not turn the jazz box at the end of section 4
