

7 Years

Compte: 32

Mur: 4

Niveau: Ultra Beginner



Chorégraphe: Debbie Small (USA) - May 2016

Musique: 7 Years - Lukas Graham

Intro: Start on "once"

SIDE ROCK, BACK ROCK, LINDY

- 1-2 Rock right side, recover left
- 3-4 Rock right back, recover left
- 5&6 Step right side, step left together, step right side
- 7-8 Rock left back, recover right

SIDE ROCK, BACK ROCK, LINDY

- 1-2 Rock left side, recover right
- 3-4 Rock left back, recover right
- 5&6 Step left side, step right together, step left side
- 7-8 Rock right back, recover left

SIDE ROCK, BACK ROCK, PIVOT 1/4 LEFT

- 1-2 Rock right side, recover left
- 3-4 Rock right back, recover left
- 5-6 Step right forward, hold
- 7-8 Pivot ¼ left and step left forward, hold (9:00)

STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X

- 1-2 Step right diagonally forward, touch left next to right
- 3-4 Step left diagonally back, touch right next to left
- 5-6 Step right diagonally back, touch left next to right
- 7-8 Step left diagonally back, touch right next to left

Repeat

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